



BISHOP'S CASTLE NEWS



JUNE 2023

To

JULY 2023

Issue No. 87





The Mayor Josh Dickin

Hello from your Mayor!

Welcome to this summer edition of the Town's newsletter. The warmer weather is finally here and we are ready for a great summer season here in the Town! Please take five minutes to catch up with everything that's going on.

Firstly, I am glad to have been voted in as Mayor again for the next 12 Months! I really don't know where the past 12 months went too, it's been an absolute whirlwind. I thoroughly enjoy the role and appreciate all the support given to me and kind words expressed about how I conduct myself doing the role.

I've just got back from a special visit to our **Twin Town, St Marcel** in Normandy, France. I went with the Town Crier, The Town Clerk and My Partner Shane. St Marcel were celebrating their 25th Year Anniversary with their German twin town, Nudlingen, in Bavaria. It was great to finally meet our French counterparts, it was a weekend full of events and maybe some wine tasting too!



We hope this visit will help rejuvenate the twinning between the two towns.



The **Charter celebrations** are looking to be fantastic and sure to be remembered for many years - all the details, dates and times are in this newsletter for you. It is going to be an extra special occasion for us all; I hope to see as many of you as possible

joining in!

This year's **Carnival** preparation is well underway, and we are looking forward to being able to put on a great spectacle for you all to enjoy on the first Saturday in July (July 1st). It will be great to be hopefully sunning ourselves in the summer sunshine! Details will soon be released of all events and timings and events on flyers distributed in shops and on our Facebook page in early June, keep your eyes peeled!

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There is still time for anybody with some free time and who would like to help with any of the numerous events that are happening, to come forward. **Help**



is always needed especially in areas such as stewarding,

manning gates or displaying posters. Please come forward if you can even if you only have a little time to spare it will be a huge help. We rely on all these events to bring people into the town, which is great for all our businesses.

With it being such a busy summer season ahead, could I please remind to you to help look after our town. I see a lot of litter and dog poo which always disappoints me. Let's all have a bit of pride about the special place that we live in.

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On another note, can I ask all residents to keep in mind the dates for the carnival, real ale trail and charter. It would be really helpful on these dates that there are as few as cars as possible parked on our front street and surrounding side streets. Also, we will be putting up street decorations for the summer period will be going up steadily in June and early July, if there are any issues please don't hesitate to contact me.



I have my fingers crossed for perfect weather for the busy period ahead!

• 1573    2023 •
Bishop's Castle
450 Year Charter Celebration

Sunday 16th July 2023

Plans are gearing up for the 450 year Charter celebrations on Sunday 16th July and the week running up.

The Charter group, led by the Mayor, are planning a street fair on the 16th, which is the actual 450th anniversary of the granting of the charter, which took the town from being dependent on the bishops to being self-governing. They are looking forward to as many townspeople as possible dressing in Tudor style and costume making workshops at the Public Hall have helped with simple solutions to looking the part.

A number of businesses have already said that they will be either opening their shops or having a stall outside their premises and other local groups and individuals have applied for stalls as part of the street fair. Stallholders have agreed to dress themselves and their stall in keeping with the Tudor theme and the advice is "If in doubt wrap it in hessian and drape it in greenery!"

As part of the street fair there will be a procession from the churchyard after the Sunday service, which is expected to finish around 12 noon. This will be led by the Mayor and his councillors and will make its way up to the Town Hall, where Queen Elizabeth I will present him with the Charter. Anybody in costume is invited to gather in the churchyard or on Church Bank to join the procession, which will take about 45 minutes to arrive at

the Town Hall.

Events in the week running up include:

Wednesday 12th July – Charter Exhibition in the Public Hall including a look back at the 1973 400 year anniversary celebrations 2pm to 7.30pm. At 7pm Cath Murphy will be leading a Charter Oaks walk as described in her article in this newsletter, starting at the Public Hall.

Thursday 13th July – Charter Exhibition 2pm – 5pm. Shades from the Past, presented by SWSHAS at SpArC Theatre at 7.30pm. Meet in person some of the men and women who helped to shape our town's history.

Friday 14th July – Charter Exhibition 2pm – 5pm. Mayor's evening BBQ and bonfire on the Playing Fields.

Saturday 15th July – Charter Exhibition 10am – 5pm. Afternoon tea and music in the Old Vicarage garden 2pm – 5pm.

Sunday 16th July – Charter Exhibition 10am – 5pm (closed during costume parade approx. 12 – 1pm). Street fair 10am – 4pm.

Charter celebrations are supported by Marches Foot Care, The Vaults, Three Tuns Inn, Drovers Travel, Ashley Jones Accountants, Castle Dog Groomers

For more information, keep an eye out for posters and Town Council social media and website or contact bishopscastlecharter@gmail.com Check out the window at 43 High Street for updates.





Amazing New Sculpture unveiled at the Business Park

An amazing, beautiful new stainless-steel sculpture, created by Planet Art Sculpture, has been unveiled in Bishop's Castle Business Park. It was paid for via £30,000 of grant funding secured by Shropshire Council to help bring a touch of the history of town to the site. The work is made from stainless steel with LED lighting inside to provide a magical night-time effect. It is 2m x 2m and weighs around 400kg.

Once the land has settled it is hoped that perennials or wildflowers, and possibly a tree, will be planted around it to enhance the sculpture and the landscape of the Business Park

'We really enjoyed completing the sculpture and researching Bishop's Castle history. We then created images around the topics listed below. There's an awful lot of drawing which goes into them. Everyone seems to love it too. We met lots of people as part of the arts festival who said some lovely things. We did a radio Shropshire interview you might still be able to get on I player via their site.' said Julie Edwards and Ron Thompson , 'Planet Art'.

Planet Art is an arts partnership who have worked together for over 25 years. They are predominately artists who work in the public realm, creating site specific pieces for a large number of interesting and varying locations.

The laser cut images were based on a brief given out to the artists on the history / heritage of the town which included:

Famous buildings and landmarks - Town Hall, High Street, Bishops Castle's hotel and pubs, Bishops Castle Heritage Centre, The House on Crutches Museum, the Church, railway, Three Tuns Brewery.

Nature, hills, farming, landscape, Cattle Market - Farm animals, nature referenced in the way the images flow around the globe, birds, trees, leaves, natural forms, wind pump image.

Culture, arts, festivals, Carnival, Morris Dancing - Musical images, guitar, an elephant which represents the trail, its history within the Powys/Clive Coat of Arms, and Lizzie the elephant who lived here in 1938/9 WW2, The Bedlams and Tuppeny Dish.

Importance of the railway - Image of train and referencing the Bishop's Castle railway society

Political history the rotten Borough.

Wonderful jug in the house on crutches museum where Bishop's Castle is highlighted among the 'feathered' nests on 'The Old Rotten Tree'.

E Walters trouser factory fire in Bishop's Castle.

Regalia and image used on mayoral chains.

Sir Albert Howard CIE (8 December 1873 – 20 October 1947), the English botanist who is credited with being the father of the organic farming movement and a key advocate of ancient Indian techniques of organic agriculture.

There is considerable interest in the Business Park and one company **V T Prints** has already located to Unit 7. Established in 2010, VT Prints provides vehicle wrapping for cars, fleets and commercial vehicles. You will have seen their work around – Tuffins, Three Tuns, S. Morray. 'We love it here!!' Says Dean Morris, Founder.

Because V T Prints is on site, the gate is open between 9am and 5:30pm, Monday to Friday - so do go and visit.

Charter Oaks Bishops Castle 2023

For every single ancient or veteran oak tree living in this area, over 400 years ago over 200 hundred others were growing or being planted and nurtured in our landscape. Locally, there are still many trees of over 400 years; living emblems from the time of the Charter award in 1573. Often in isolated positions, in the middle of a field, marking a property boundary, beside a manor house or standing prominently in a hedgerow, they are delightful and always worth a moment of admiration.

Where did the other 199 trees go? Perhaps grazed or uprooted by wild animals? Maybe selected as a beam for a local building, fence, or gate? Perhaps taken off to help a war effort in a battleship or gun carriage? Recent losses may have been by grubbing out for housing, roads and to make way for agricultural machinery? Even more recently they may have succumbed to disease, climate change or neglect?

This year, the year of our Charter Celebrations, we are proposing a Project: We first need to find those older specimens of oak trees. Then ask owners of 'likely spaces' if we can plant two new oaks 5-10 metres from the established tree? Over a 4–5-year period, local people may be able to plant 400 saplings, protect them, care for them and then keep a record thus celebrating Bishop's Castle through its Charter year and beyond. In this way we can increase the chances of many magnificent trees being around in another 400 years.

Recent research confirms that trees are more than the above ground, trunk, and branches. They live in harmony with yards of fungus, hundreds of bacteria, and algae in the soil. They benefit from being near to the ancient trees as where 'the old ones' survive, so do many of these necessary life forms. They will inoculate our young saplings and the mature specimens will nurture the new one for the rest of their lives.

What next? (*Look out for the posters!*)

Short walks round the town during Charter Celebration week (July 2023)

Return visits to identified oak trees (November 2023) for Acorn Hunts and collection where advice will be given about germination.

Discussions with landowners about the project and likely places to

plant saplings.

Selection of oak saplings from local 'nurseries' (Walcot Wood, Downton Gorge, other).

Planting, with protection, near an old tree. (Between November 2023 and March 2024)

Labelling and recording of the event.

Repeat visits, replacing saplings, repairing protectors and new plantings each autumn for 4/5 yrs so that 400 oak trees are 'on their way'.

Feeling Inspired? Talk with Bernard Edwards 01588 638107 or Catherine Murphy 07825380978.

Going Wild in Bishop's Castle and Charter Celebration steering group.

Defibrillators.

How many are there in Bishop's Castle - and where are they?

None of us knows when we may need a defibrillator. The Council is therefore trying to pull together a list of local defibrillators and establish which would be available to the public if needed - and where they can be found and how to access them.

The ones we have 'found' are listed below. If there are others please let us know?

It would be of great help if those responsible could email the Town and Assistant Clerks at townclerk@bishopscaletowncouncil.gov.uk and assistantclerk@bishopscaletowncouncil.gov.uk with details of :

Whether there still is a defibrillator?

Whether it is restricted ie private – or unrestricted ie accessible to the public?

Whether it is only accessible at certain times?

Exactly where it is located and how it can be accessed ?

If there is a contact person or number to report if it has been used.

The details of those publicly available will then be in the Town Hall and at other Council and 'public' locations and on the Town website -

bishopscaletowncouncil.gov.uk/defibrillator.

Locations where it is believed there may be a defibrillator:

Community College	Fire Station
Dental Surgery	Abbeyfield House
The Pharmacy	Rugby Club Ground
The Pines Residential Home	
Bishop's Castle Medical Practice	

Bow House Country Park	Mainstone Village Hall
The Old Vicarage, Lydbury North	Lydbury North School
Lydham Village Hall	Middle Woodbatch Farm
Crown Inn, Ventnor	Norbury Village Hall
Edgton?	Acton?

Jane Keay: Art and illustration from a life in the Marches.

Open from Friday 23rd to Sunday 25th June - 11 am to 5 pm; Bank House, 4 High Street, Bishop's Castle, SY9 5BQ.

Tea room open 11 am to 4 pm.

Preview - Thursday 22nd from 6 pm - all welcome.

Contact: 07712 010525



Town news

Games night: Come along and choose from available games - or bring some friends and your favourite board game. At The Six Bells on the 1st Thursday of every month, at 7pm. Contact davidducros@gmail.com for info.

British Stone Skimming Championships at Walcot Hall Lake on Sunday 9th July from 12 noon to 5pm. After four years it's back. Bring a picnic. Bar and free parking and entry. Fun for all the family.

Bishops Castle Open Gardens on Sunday 18th June from 1pm to 5pm. Entrance to all gardens £6 (cash only). Tickets and details will be available at the Church lynch gate. At least 10 gardens will be open and there will be plants for sale. Teas will be available in the Church. All proceeds go to charity.

Dog poo: Bishop's Castle has a reputation for being welcoming both for humans and for dogs. Recently however there has been an increase in dog fouling which has caused distress. Please, please pick up your dog's mess. The increase in Council and personal CCTV cameras means that often culprits can be identified but we would rather not go down that route. A bit of courtesy to others is all it takes. Thank you.

Cars and roads: Shropshire County Council, not Bishop's Castle Town Council, is responsible for roads –and all that goes with them - parking/dumped cars, road markings, street lighting, signage, drains, gutters, litter, potholes, fly tipping. All concerns should be addressed to 'fixmystreetsshropshire'. This is the website through which to report all road and traffic issues. <https://improvingyourroads.shropshire.gov.uk/>

At the same time, we all need to park with consideration to others, especially near junctions or entrances/access points.

The provisional High Street, Market Square resurfacing has been put on hold until 2024 to allow proposed road markings to be finalised and agreed - white lines, disabled spaces etc..

Coronation: The weather over the Coronation weekend could have been kinder. It did not however deter those who wished to celebrate this historic occasion. Around 60 people attended the live stream of the event in St John the Baptist Church where picnics, with the odd glass of wine for toasts, was enjoyed. Delicious cake and coffee was served by Stephanie and her team. Afterwards those brave enough took to Wynns Fun Fair, some braving 'Venom' not realising that it was not a gentle ride for children! On the Sunday, after the Thanksgiving Service at the Church, the dodgems and rides were once again in full swing as the Mayor's afternoon tea and street party was held in and around the Public Hall. Many thanks to Wendy Oakley and helpers.

Key town future dates

Mayor's Sunday – Sunday 11th June

Bishop's Castle Open Gardens - Sunday 18th June

Mid Summer Rejoicing Festival – Sunday 25th June.

Carnival – Events from 23rd June, main day Saturday 1st July

Beer Festival 6th and 7th July and weekend 8th/9th

British Stone Skimming Championships at Walcot Hall - Sunday 9th July

450th Charter Celebrations – Events throughout week commencing 10th July. Main day – Sunday 16th July

Party in the Park Music Festival – Saturday 22nd July

Tennis Club Centenary Celebrations – weekend 28/29th July

Michaelmas Fair – Saturday 16th September

Climate Action Day – Saturday 23rd September

Remembrance Sunday - Sunday 12th November

House on Crutches Museum

The town's lovely little museum, on the cobbles, next to the Town Hall, is open for the 2023 season every weekend until the end of September plus Fridays, Mondays, and Tuesdays around bank holiday weekends. Do come and visit us. Admission is free!

Annual Town Meeting

Around 50 people attended the annual town meeting in the Town Hall at 7pm on Tuesday 25th April. This meeting provides the people of the town with the opportunity to ask any questions of Councillors that they see fit. In the event no questions were asked.

Grants:

Football Club (£1,000) for new metal goals

Going Wild in Bishop's Castle (£1,000) to fund a project manager to develop a volunteer group.

Climate Action Group (£1,000) to organise and run an environment say on Saturday 23rd September

Community Land Trust (£1,500) to design, build and install a new shop front for the for 'Stars'.

Carnival (£1,000) to kick start the Carnival on 23rd June after a three-year absence.

Cricket Club (£500) for new practice netting

Tennis Club (£1,000) to fund centenary celebrations over the last weekend in July.

Food and Friends (£200) start up costs for monthly lunch and social gathering.

BC Railway Society (£750) to assist with protecting and archiving original documents to ensure preservation.

Michaelmas Fair (£2,000) to kick start the event on 16th September following Covid.

Updates were then provided on three projects :

The Public Hall – Thank you. There has been a good response to the survey in the last newsletter but please do let us have your views. The Underground in particular is much loved.

SpArC Swimming Pool. Next year is the 50th anniversary of the pool and it is in dire need of a new lining and energy saving measures. A big fund-raising exercise is underway and anyone interested in helping

should contact SpArC. The pool is not at risk and this project is a real opportunity to improve it and help ensure its survival for many years to come.

The meeting concluded before 8pm.

SHROPSHIRE'S FIRST LOCAL FOOD STRATEGY and FOOD POLICY COUNCIL

The Town of Bishop's Castle has become the first in Shropshire to develop and adopt a bespoke local-level Community Food Resilience Strategy. This was adopted as a part of the Town's Climate Action Plan, created by the Bishop's Castle Community Partnership. The Community Food Resilience Strategy was developed as a response to the Covid-19 Pandemic, supply chain instability from Brexit and Russia's invasion of Ukraine, and the cost of living crisis. The aim of the strategy is not only to plan for and support the community through unforeseen shocks, but to build up skills and community growing capacity for greater self-sufficiency, improved food access, affordability and health, as well as supporting local producers and food businesses.

Bishop's Castle Town Council, along with community members at the grassroots and with the support of the Shropshire Good Food Partnership, have developed a special task group to deliver on the aims of the Strategy. The first of its kind in Shropshire, this is an example of a 'Food Policy Council' seeking to be proactive and address a range of local food issues.

As Deputy Mayor for Bishop's Castle, Councillor Andy Stelman says: "I believe that Councils in rural areas have a duty to support local producers and retail outlets and to do everything possible to encourage people to eat healthily and sufficiently." Referring to the 'Right to Grow' Motion approved by Shropshire Council in September 2022, he adds, "Growing food in areas that are otherwise unused is a good way of promoting healthy and cheap eating and would also be a way of giving the town common cause promote even greater community cohesion."

As an organisation dedicated to "Good Food for people, place and planet", The Shropshire Good Food Partnership hopes that more communities and councils across the county will be empowered by

this example to start their own discussions and strategy work on food resilience.

"As an initiative, making Bishop's Castle food secure and food resilient is an exercise in 'radical optimism': imagining what is possible, rather than being marred by perceived obstacles. It is about Good Food for All: a movement that everyone can get behind - In the words of Pam Warhurst, the founder of Incredible Edible, "if you eat, you're in". - Daphne Du Cros, Coordinator, Shropshire Good Food Partnership

The Bishop's Castle Community Food Resilience Strategy can be found at: <https://lightfootenterprises.org/climate-action-group/#Food>

Contact: Daphne Du Cros, Coordinator, Shropshire Good Food Partnership hello@shropshiregoodfood.org

AN UPDATE ON THE BISHOP'S CASTLE COMMUNITY

PARTNERSHIP

The BCCP would like to express its gratitude to Keith Whiddon for his many years as Chair of the Partnership. The BCCP was formed as a group of volunteers to help support the community and its links to the Town Council. ***"Working together and working smarter is vital"***, says Keith.

The BCCP and has been able to achieve so much over the past several years, including research into community mental health, various community celebration days, regular social media engagement and newsletter contributions and the development of an online community Moodle resource as a mental health support tool. It has been an incubator for the Climate Action Group and Going Wild in BC, and its work on the Community Plan, traffic flows, the Town Character Assessment and the Food Strategy have had an impact on community policies and action.

We are moving into a new chapter for the community partnership and would welcome any new volunteers to lend their energy, ideas and support. Here's some of what you can expect from the BCCP moving forward:

BCCP will continue to act as an umbrella for other groups and their activities, as it has in the past.

BCCP will undertake the process of an updated Town Plan when called upon by the Council to do so and will work in conjunction with local groups and the community.

The BCCP will act as liaison between the community and the Town Council. BCCP proposes hosting a series of Citizen's Assemblies on salient topics selected by the Town Council to involve the community more closely in decision making (possible topics include the future of the Community Hospital and the Public Hall).

BCCP will continue to advocate for and seek windows of opportunity to set up a space for an inclusive Community hub focused on rural wellbeing, connection and health.

The following changes have been made to the structure of the BCCP to support its ongoing work:

Meetings will be held quarterly

The position of Chair will rotate, and will include the responsibility of organising the meeting that they will be chairing

Daphne Du Cros will be the primary contact person for BCCP matters going forward: daphne@littlewoodbatch.co.uk or 07769 510364

We look forward to many more years of serving the community of Bishop's Castle and working with the Town Council. Please get in touch to find out how you can get involved.

St John's Church—see website for full details

<https://www.achurchnearyou.com/church/10417/>

Café Church: 4th June 2023 at 11am – singing, readings, prayer, chat; tea and coffee

Mayor Service: 11th June 2023, at 11am

Holy Communion: 18th June 2023 at 11am

Midsummer Rejoicing: 25th June 2023 at 11am



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Join us in celebrating



Bishop's Castle Tennis Club
CELEBRATING 100 YEARS

Saturday July 29th & Sunday July 30th 2023

All events will take place at the Tennis Club on Love Lane (A488)
Free parking provided.

What's On! Details at info@bishopscastletennis.org

Saturday July 29th
From 9:00am to 12:00pm
3 x 1 hour coaching sessions with professional coaches.
Free to the local community. All equipment provided

Sunday July 30th
From 9:00am to 12:00pm
3 x 1 hour coaching sessions with professional coaches.
Free to the local community. All equipment provided

From 2:00pm to 5:00pm
Exhibition Match with Top Guest players. Free to watch.
Tea, squash and cake provided

Event sponsored by Bishop's Castle Town Council



BISHOP'S CASTLE TENNIS CLUB CELEBRATES 100 YEARS IN STYLE!

To mark 100 years of tennis in the town, the Club is holding a very special centenary week-end, in July at the Club grounds in Love Lane. Free Tennis: On Saturday 29th and Sunday 30th July, from 9 – 12 noon there will be 3 free one-hour tennis sessions for anyone from the local community. Come and play tennis with professional coaches from “We Do Tennis”. Racquets and balls provided, or bring your own racquet.

Exhibition match: On Sunday afternoon from 2-5pm the Club

is hosting a fantastic exhibition match with professional players to showcase some superb tennis - and there'll be tea and cake. Everyone is welcome but please bring your own chair! The Tennis Club is hugely grateful to Bishop's Castle Town Council who generously provided grant funding to help make this centenary event possible. We look forward to welcoming everyone - come and help us celebrate our big birthday. For more information, please contact:

W: www.bishopscastletennis.org E: info@bishopscastletennis.org

Saturday 22 July 2023
SAVE THE DATE!
PiTP

‘PARTY IN PARK’ LINE-UP REVEALED!

On Saturday 22 July 2023, Bishop’s Castle residents and visitors are to be treated to a not-to-be-missed line-up!

With a new look, new ticket-pricing structure, new food stalls and new and returning bands alike, Party in the Park is the best value festival day out around.

Returning to the PitP stage after several years hiatus are local heroes, Nuclear Weasels, who’ll play just before town favourites Fight the Bear – both guaranteed to get the crowd going for the Wayne Martin Band and headliners, BC All Skas.

Opening the event are remarkable 12 and 13-year-old band, North, the incredible Lilith Pearson and unmissable duo Modified Youth from Bishop’s Castle youth Open Mic night, continuing the tradition of PitP supporting local young bands to have stage experience. Red by Night, Meg Chandler, Without Warning, Amy Pugh and Break the Record complete the line-up for the stellar day.

“We’re really excited about the line-up”, said music programmer and Nuclear Weasels member Jake Putterill-Evans, “it’s going to be a great day of music right from the start, and we’re thrilled to have local young Open Mic as well as some of the original Party in the Park bands.”

Ticket pricing is different this year. “There were lots of requests last year for family tickets” said volunteer treasurer Louise Wilson “our costs have gone up significantly, and we hope the structure we’ve decided on is helpful to everyone and will allow the event to continue”.

Adults / over 13’s £12; 8–12-years £6; 7 and under free. Family ticket (2 adults, 2 children) £30.

Date: Saturday 22 July 2023 at Bishop’s Castle Playing Fields, SY9 5AU. Public entrances at Union Street and Corporation Street. Those coming from out of town can park at Harley Jenkins Street, Auction Yard or Bishops Castle Community College carpark. The music kicks off at midday. Get there early to secure your spot!

Follow the Centre Stage Facebook page (<https://www.facebook.com/centrestagefb>) or email centre.stage.pitp@gmail.com for further information or to volunteer.

Fight the Bear at Party in the Park 2022



FRIENDS OF BISHOPS CASTLE PRIMARY
SCHOOL.

Family Fun Day

SATURDAY 17TH JUNE 11:00AM TILL 3:00PM
ON THE SCHOOL FIELD, OAK MEADOW.

BE A PART OF THE FESTIVITIES! FAMILY
GAMES, TABLE TOP SALE, REFRESHMENTS
AND MUCH MORE!!!!!!!

EVERYONE WELCOME!!!!!!

BISHOP'S CASTLE CLIMATE ACTION PLAN ACTIVITIES

BC Climate Action Plan: The 2023 version of *BC's Climate Action Plan* (CAP) has been adopted by the Town Council. It contains separate lists of actions for the Town Council, the Climate Action Group, and for everyone in the Town. You can read or download a copy from the Lightfoot website at: <https://lightfootenterprises.org/bishops-castle-cap/>

'Going Wild in BC': The final Winter talk took place on 11th May. Further planned activities include the planting of locally grown oak trees close to the remaining oaks that were planted 450 years ago, when Bishop's Castle received its Charter. A 10-day Summer Club will be run during the summer holidays for young people. It will be based at SPARC, and will provide opportunities for conservation, activities, environmental games, art, woodland activities, and species awareness, identification, and appreciation. The 'Going Wild' team, with assistance from Enterprise House, are preparing a bid for funding to continue the project. It would be very helpful for the purposes of the bid, if members of the community could give feedback via the on-line survey which can be accessed here: <https://survey.sogolytics.com/r/r4pUBF>

BC Community Local Food Resilience Strategy: The Town Council has adopted this document, which was produced by Daphne du Cros, making us the first Town in Shropshire to take action on this important subject. You can read or download the document here: <https://bishopscastletowncouncil.gov.uk/>

Town Council Carbon Footprint: The annual greenhouse gas emissions have been calculated for the Town Council. This will be used as the Baseline figure. Each year we will calculate greenhouse gas emissions again and compare the amount against the Baseline, to check that emissions are going down. The Town Council's goal is to reach net zero emissions by 2030.

BC Environment Day, Saturday 23rd September: The Town Council and the Climate Action Group are planning to hold this event at the SpArC. If you know of any local environmental organisations that would like to take part, please let us know.

If you wish to get involved with any of the above activities, or have suggestions for other activities, contact us at: climateaction@lightfootenterprises.org or follow us on:

<https://www.instagram.com/goingwildinbc/>

<https://www.facebook.com/goingwildinbc>

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Lydham, Bishops Castle, SY9 5HB



GOOD GARAGE SCHEME
REGISTERED MEMBER

Community Resource

Hearing Loss Support Hub, Bishop's Castle Library

2nd Tuesday of each month from 10am – 12 noon

NHS hearing aid tube changing, battery collection, advice
on hearing aid care from Audiology trained volunteers

**Appointments must be prebooked by calling 01743
342168 or**

email SHLS@community-resource.org.uk

CAR SHARE CLUB FOR BISHOP'S CASTLE?

DO YOU:

- HAVE NO CAR AND RELY ON SCARCE BUSES? or
- WORRY ABOUT THE COST OF FUEL, INSURANCE, MOT'S, SERVICING, TYRES, BREAKDOWNS, DEPRECIATION and TAX?
- THINK ABOUT GETTING RID OF YOUR CAR AND SAVING MONEY?
- WANT TO HELP THE PLANET?

WE COULD SOLVE SOME OF THESE PROBLEMS BY FORMING A

CAR SHARE CLUB FOR BISHOP'S CASTLE

WE NEED ABOUT 20, OR MORE, PEOPLE.

THE PLAN WOULD BE FOR AN ELECTRIC, or HYBRID, CAR WITH A GOOD RANGE.

THREE POSSIBLE OPTIONS:

1. FORM OUR OWN CAR SHARE CLUB FOR BC
2. FORM A BISHOP'S CASTLE BRANCH OF THE 'TRIP TO' CAR SHARE CLUB. 4 ARE ALREADY BASED IN LLANIDLOES, NEWTOWN, WELSHPOOL AND MACHYNLLETH
3. FORM A BISHOP'S CASTLE BRANCH OF 'CO-WHEELS' CAR SHARE CLUB www.co-wheels.org.uk

IF WE CAN FIND ENOUGH PEOPLE, THE SOONER WE CAN ALL START TO SAVE A LOT OF MONEY AND REDUCE OUR IMPACT ON THE PLANET!

IF YOU ARE INTERESTED, OR JUST WANT TO KNOW MORE, CONTACT:

climateaction@lightfootenterprises.org or ring

Charlie Grafton, on 07581404825 or Dave Luckhurst on 01588 680250

Notes: There are now 4, active, 22kW, electric vehicle charge points in Harley Jenkins Street. You need the 'Connected Kerb' app and a Type 2 'Mennekes'

lead. More are planned for Corporation Street and the business park.

If there is sufficient interest in forming a car share club

we will plan for a meeting early in 2023 to explore our options.

Please Note: All contact details will be stored following strict GDPR rules under the Lightfoot Enterprises policy.



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Support for Mental Health in the Community

If you need **urgent** or **non-urgent** support for your mental health please read:

As part of an ongoing project to support community mental health and wellbeing, the Community Partnership has been working with a team of local mental health professionals from the Bishop's Castle Medical Practice, Community College, The Samaritans, Shropshire Rural Support, Shropshire Public Health Development Officer and local mental health counsellors amongst others.

We have published an online list of **Urgent** and **Non-Urgent contacts** for anyone with a mental health crisis or need.

The list is at <https://bit.ly/3qbQQTE> For further information please contact Keith: keith.whiddon@btinternet.com

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Become a **Friend of SpArC Theatre** and help sustain the future of your Theatre in these difficult times. Individual membership is £15 a year and membership for a couple is £25. If you are a UK taxpayer, you can gift aid your subscription and increase its value by 25%. Current membership stands at 115; with your support we would like to increase this to 200 which would contribute £5k per annum to funding your Theatre's running costs!

Membership will enable you to:

Receive advance notice via email of the upcoming season

Priority book for National Theatre Live screenings

Reserve a table for cabaret-style events subject to availability

Receive an Invitation to gallery private viewings when arranged by the artist

Receive an Annual Newsletter via email

Access our DVD and Blu Ray Library

Receive an Invitation to the Friends Christmas Film (enjoy a complimentary film and a glass of something nice to celebrate the year)

To join, simply call Liz at the Box Office on 01588 630321 / 638038 or email Graham at gshemmings@hotmail.com . Alternatively, you can pick up details from the SpArC Theatre or Enterprise House.

Age UK Dementia Support Group

Every Fourth Monday at Grange Road Community Centre,
21 Drews Leasow, Bishops Castle, SY9 5EW, 10.30am - 12.30pm
£13 for two people (including light refreshments). To book, ring or
email: 01743 233 123 or karen.rawlings@ageukstw.org.uk

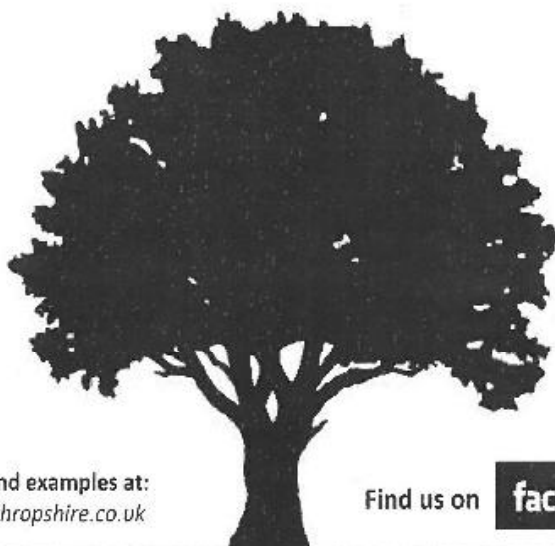
Age UK STW is urgently looking for Volunteers to help deliver services – www.ageukshropshireandtelford.org.uk

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Email kbloor@coveragecareservice.co.uk

How to contact your Town Councillors:

Councillor Jane Carroll

Tel: 01588 638467

Email: jane.carrol@gmail.com

Councillor Ruth Houghton

Tel: 01588 638352

Email: Ruth.Houghton@shropshire.gov.uk

Councillor Andy Stelman

Tel 07773006413

Email andystelman@icloud.com

Councillor Josh Dickin

Tel 07530691106

Email bcbc97@outlook.com

Councillor Grant Perry

Tel: 01588 638233

Email: grantperry24@icloud.com

Councillor Stuart Morris

Tel: 01588 630114

Email: stuartmorrisstfc@btinternet.com

Councillor Rachel Bromley

Tel No.: 07966829888

Email : rachel.bromley@LIVE.CO.UK

Councillor Lloyd Payne

Tel No: 01588630230

Email: paynelloyd@live.co.uk

Councillor Tim Halford

Tel: 01588 638333

Email: timhalford@yahoo.com

Town Clerk: 01588 638141

townclerk@bishopscastletowncouncil.gov.uk

assistantclerk@bishopscastletowncouncil.gov.uk

Monday to Thursday 9.30am—12.30pm

For allotment enquiries, Contact:

townclerk@bishopscastletowncouncil.gov.uk

Bishop's Castle News is published by Bishop's Castle Town Council. The Council maintains the right to edit all submissions.

Please send any contributions to be considered for the next issue by May 15th 2023 to the Town Clerk and the Assistant Clerk..

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Listings for June and July 2023

For Further information on all our events look on our website
www.bishopscastletownhall.co.uk or contact us 01588 630023

1st – 23rd June Art Exhibition by Alan Jefferies

Open from 10am to 4pm Monday-Saturday. If you are traveling always phone 01588 630023 to check the exhibition is open as occasionally we have to close for weddings.

3rd June Antiques and Flea Market 9am to 4pm. 1st Saturday of each month. Lift available. Free entry.

10th June - Craft Fair – Two floors full of stalls all by local artisans, including jewellery, textiles, rugs and banjos.

15th June - Second in The Summer Series BCHRC Talks

Tickets £5.00 can be purchased at The Town Hall or online
www.ticketsource.co.uk/bcth

Doors open 7.30pm for 8.00pm start. Refreshments available.

17th June Farmer's Market 9am to 1pm 3rd Saturday of each month.

Stalls include Meat, Poultry,
Specialist Teas, Cakes & Pastries, Bread, Preserves, Honey,
Chocolates. All produced locally.

17th June - Three Legg'd Mare concert - Vocal harmonies and far too many quirky instruments to mention. Tickets £8 from the Town Hall or online at www.ticketsource.co.uk/BCTH 7.30 for 8pm start

1st – 29th July - Art Exhibition by Rob Corfield

Open from 10am to 4pm Monday-Saturday. If you are travelling always phone 01588 630023 to check the exhibition is open as occasionally we have to close for weddings.

July 2023

1st July Antiques and Flea Market 9am to 4pm. 1st Saturday of each month. Lift available. Free entry.

8th July Real Ale Festival The Town Hall will be selling Three Tuns beers not available elsewhere in town. Open until 5pm.

11th July - Going Wild in Bishops Castle, Winter Talks
Doors open 7.00pm. Bar refreshments available. No pre booking required. Donations box at the entrance.

15th July Farmer's Market 9am to 1pm 3rd Saturday of each month.

Stalls include Meat, Poultry, Specialist Teas, Cakes & Pastries, Bread, Preserves, Honey, Chocolates. All produced locally.

20th July - Third in The Summer Series BCHRC Talks –
Tickets £5.00 can be purchased at The Town Hall or online www.ticketsource.co.uk/bcth

Doors open 7.30pm for 8.00pm start. Refreshments available.

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MORE NEWS FROM BISHOP'S CASTLE MEDICAL PRACTICE (BCMP)

Welcome to the next in our series, intended to help you get the best out of the surgery.

Social Prescribing: Social Prescribing connects people to local activities and groups to help meet the practical, social and emotional needs for health and wellbeing. It offers a 'holistic approach', allowing patients to take responsibility for their own health, with support from their Advisor. Bishop's Castle Medical Practice was a pioneer in the development of this role which is valued by all members of staff.

Lisa Noonan is employed by Shropshire Council as a Healthy Lives Advisor (Social Prescriber) and works at our Practice on Tuesdays and Wednesdays. She worked for the NHS for many years and has a background in Mental Health. Lisa prefers face-to-face contact when possible as she feels this is conducive to establishing a warmer, more effective relationship. She is also happy to use the telephone if patients prefer or are unable to visit the Practice. Patients can self-refer, or GPs and Nursing staff can refer patients to the service. Lisa offers patients an appointment usually within a week (no longer than four weeks). Her role covers:

Health and Wellbeing

Under this heading support and advice might be given for the following:

Smoking cessation

Weight loss

Cholesterol reduction

Pre-diabetes care and advice

Raised blood pressure

Lifestyle concerns

Dementia referrals to the 800 Club

Social Prescribing

Under this heading patients with the following concerns may be helped:

Loneliness

Isolation

Mental health concerns

Domestic abuse

Bereavement

Housing concerns

Referrals: Following assessment, a forwarding referral may be appropriate. This may be to:

CRUSE Bereavement Support for those suffering the loss of a loved one.

An exercise coach at SpArC - patients choosing lifestyle changes may prefer a SpArC referral assessment / exercise program (discount for medical referrals).

Grange Road Community Centre for support and help with housing problems.

Why is Social Prescribing so Important? There is a cultural shift towards *prevention being better than cure* and Lisa believes she can support patients in gaining the knowledge and skills to take greater responsibility for their own health and wellbeing. You can contact Lisa directly through Reception at the Surgery.

Christine Williams, Sarah Wood; Bishop's Castle Patients Group; <https://bcpq.org.uk/>

Bus timetable for bus routes 552 / 553 Bishop's Castle to Shrewsbury

Monday to Friday times (school days)				Saturday			
	Leaves		Arrives		Leaves		Arrives
Bishop's Castle opposite the Boar's Head all go via the Hospital	7.30		8.30		7.30		8.30
	9.40		10.40		9.30		10.30
	12.20		13.20		12.15		13.15
	13.30		14.30		15.50		16.50
	15.40		16.40				
Shrewsbury Stand all go via the Hospital	7.35		8.35		8.00		9.00
	10.05		11.05		10.05		11.05
	12.00		13.00		14.45		15.45
	14.00		15.00		17.40		18.40
	16.25		17.25				
	17.40		18.40				

Bus timetable for bus route 745 Bishop's Castle to Ludlow

Monday and Friday only	Leaves		Arrives		Leaves		Arrives
					Ludlow		
Bishop's Castle	9.15		10.25		13.15		14.50

Bus timetable for bus route Bishop's Castle to Pontesbury 775

Bishop's Castle	14.40		15.10			09.30		10.00
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