

BISHOP'S CASTLE





October To November 2020



ISSUE 72





The Mayor Grant Perry

As we move into autumn and the shorter day's we now find ourselves in more uncertain times than ever. With the daily restrictions on our lives relaxed and then re-imposed to a certain extend the situation has become more confused than ever! You can be assured that the Support network established in the Town is ready and willing to spring back into action if further restrictions are put in place and the numbers listed in this Newsletter are still valid to assist you if required. Although many of the volunteers are back at work assistance will be found as and when required.

Many local Businesses have re-

turned to near normal operation albeit with revised operations and opening times so it may be wise to check before setting off but please do try and support locally wherever possible. It is pleasing to report that the Town was successful in a bid for £5,000 to support the reopening of the town and this money is to be invested in a number of projects as detailed later in the Newsletter. It is however disappointing to have too report that two sets of Banners installed to encourage visitors have been vandalised and ripped down twice.

We have missed most of our local events this summer with the Michaelmas Fair being victims of the new rule of 6 after they had planned some small outdoor events and now it looks more than likely that the Christmas Lights Switch-on will be online rather than in the Streets so please keep a look out on Social Media for some Competitions and updates.

Please continue to follow the latest guidance from NHS and Shropshire Council and keep safe.

Articles

Smartwater

You will probably by now have seen the Signs erected on the outskirts of the Town confirming that Properties in the area are protected by Smartwater which is part of the overall scheme. You should by now have been able to use the kit sent to you to mark your valuables which will now be linked to your address on the database so should they ever be stolen and recovered they can be linked back and returned to the rightful owner. These signs form part of the deterrent of the scheme but research has shown that properties not displaying the smartwater sticker in the pack in their windows have been targeted in the past so please make sure you are displaying the sticker as well.

Parking

The Town Council are getting an increasing number of Complaints regarding parking on pavements and grass verges especially on Kerry Green, Salop Street, Corporation Street and Welsh Street. The recent heated debate regarding proposed Parking Restrictions shows how opinion is divided on this subject. The Council took the opinion that is was against formal restrictions and preferred the local Common Sense approach.

We therefore respectfully ask Residents to follow the Highway Code and avoid parking on pavements, verges, narrow lanes, close to Junctions and across openings into drives, car Parks and access to properties. This will avoid the Council having to explore more formal Restrictions in the Future.

Elephant Trail

Shropshire Council will be supporting Bishop's Castle with a grant of £5,000 from the Covid- 19 Small Market Towns Marches Investment Fund. Working with the Marches Local Enterprise Partnership (MLEP), this funding has been made available for key Shropshire market towns to support initiatives aimed at enabling safe reopening, social distancing, driving footfall and reinvigorating the town economy.

The March of the Elephants is a project to create a world-class elephant-themed trail of varied artworks carefully placed around the picturesque town of Bishop s Castle. The name is a play on the Shropshire Marches and celebrates the Town s long association with the elephant. Project spokesperson Keith Whiddon says: This funding will help us scale up to become a major tourist attraction for the region and provide a much needed boost to our local economy. We believe that this trail is unique in that it provides highly creative artworks of different shapes, sizes and media. Acclaimed national artist Andy Hazel has agreed to make a large bas-relief beaten copper elephant wearing a howdah to be sited in a prominent location in the High Street.

Local artist Bamber Hawes will paint a huge mural of a standing elephant on the side of a building in the Town Centre. Bishop s Castle has earned a reputation for its colourful murals. The scale of this one will make it a highly visual landmark that will definitely put the Town on the map! Another artist will make a very large elephant out of bent willow and canvas with a hidden windmill powering its swinging tail in a field near the entrance to Bishop's Castle.

The March of the Elephants trail started last year with Winnie the Wintles Mammoth - a giant brushwood sculpture that received extensive media interest. We are also in the process of completing a large stained-glass elephant mural created by local artist Helen Robinson as part of the Bishop s Castle Arts Festival. It will be installed in a Town Hall window so that it is visible prominently from outside. We shall ensure that the trail is Covid-safe. It will be self-guided and as all sites are outdoors and spread out across the Town, social distancing will be maintained. The grant will also help to support Bishop's Castle



BISHOP'S CASTLE TOWN COUNCIL



GRANT APPLICATION FORM

Please do not apply for a grant this year if you have been in receipt of a Covid-19 Small Business Grant or a Covid-19 Retail, Hospitality & Leisure Grant

Title:		
	Forenames:	Sumame:
Address:		
Telephone:		Email:
0		
Organisation: Who is the grant for?		
who is the grant for?		
Location of project/ac	tivity:	
Date of project/activit	y (state ongoing if re	quired)
		given for Social, Educational and Economic development, please ne or all the aforementioned criteria
Amount Requested	: £	
Funding: Amount Requested Cost of the project: Details of Match Fund		
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BISHOP'S CASTLE HOSPITAL EQUIPMENT FUND

The Hospital Equipment Fund was set up in 2007, and became a registered charity in 2008. It's aim is to help relieve

sickness and to promote and protect good health, by providing services over and above that which the NHS provides

in Bishop's Castle Community Hospital.

In recent years the Equipment Fund has bought additional Montcalm Beds, numerous mobility aids,and blood monitoring

equipment for the Hospital.

Within the last year ,the Fund has purchased a Sara Stedy mobility aid and a set of My-Weigh bedside scales.

Just recently, the Fund provided £10,000 to the local Medical

Practice to help the community fight the COVID-19 Virus.

The Chair of the Fund is Edward Owen, and Trustees include Joan Grant, Amanda Houghton and Jean Rice.

The Treasurer, Tony Stanton-Martin remarked that "The Equipment Fund is happy to provide funds for medical equipment

to help fight the Corona Virus within the local community. This virus has quickly become a significant medical challange,

effecting almost everyone in some way."

The charity is funded by large and small donations by local people..

For more information please contact Tony Stanton-Martin at stantonmartin@btinternet.com The Market will be held on Saturday 15th August at Enterprise House car park 9am to 1pm.

I am still waiting for confirmation from all the stalls but to get something out we best we just include them as follows:

Alex – Handmade French Chocolates

John Fletcher – Honey and beeswax products

Amanda's bread – Homemade speciality breads and pastries

Mainstone Ladies – Homemade cakes, biscuits, jams and preserves

Weobly Ash - Farm reared pork, lamb, mutton and hoget

Cottage Garden Flowers – Flower arrangements fresh from the garden

Truly Tea – loose leaf teas, herbal teas, fruit blends and tea accessories

Little Wood Batch farm - Vegetables and fruit

Bella Donna Soap – Handmade soaps and other products from goat's milk

We may be welcoming two new stalls but I am awaiting confirmation.

Real People. Real Advice. Our legal experts are here to help.

Appointments available in Bishop's Castle.

Tel 01588 638 425 or email bishopscastle@wmlaw.co.uk.

Our legal teams also offer the following services

- Civil & Commercial Mediation
- Commercial & Agricultural
- Commercial & Civil Litigation
- Debt Recovery
- Elderly Client & Care Funding
- Employment
- Family Arbitration
- Family Matters
- Family Mediation
- Military Law
- Personal Injury
- Residential Property
- Social Housing & Development
- Wills, Trusts, Tax Planning & Probate

Caroline Denham Wils & Probate, Residential Property & Family Matters Rachel Mole Residential Property, Wills & Probate

wace morgan tomleys SOLICITORS incorporating Snows 31 Market Street, Newtown, Powys, SY16 2PG 01686 806 500 help@wmlaw.co.uk www.wacemorgantomleys.co.uk ♥@WaceMorgan



BISHOP'S CASTLE

TOWN COUNCIL

Full Council meetings take place usually on the 3rd Tuesday of each month:

All meetings are held in the Town Hall and commence at 7.30pm. Members of the public are most welcome to attend.

There is a specific point in each agenda that members of the public may speak. Should you have an issue you would like to bring to the Council's attention or something you would like to discuss, please let the Clerk know beforehand that you would like to speak and the s ubject matter so that we can prepare.

Cut off dates for the News letter If you wish any article to appear in the Newsletter these are the cut off dates for the inclusion in the following month's Newsletter.

21st November 2020

15th January 2021





Friends of Bishop Castle Community, Care Home and Hospital

Registered Charity No. 1005980

JOIN US NOW AND SUPPORT YOUR COMMUNITY

We warmly invite you to become a member of the Friends and help to promote the health, safety and well being of people within our community whether at home, in Stone House Care Home or in the Community Hospital.

To become a member we ask for an annual donation of £5.

All donations to be sent, with name and address to Membership Secretary

Mrs Joan Grant, 4 Clive House, Bishop's Castle, SY9 5AZ



Bishop's Castle Community Partnership

Bishop's Castle Elephant Art Trail Marches on!

Shropshire Council will be supporting Bishop's Castle with a grant of £5.000 from the Covid-19 Small Market Towns Marches Investment Fund. Working with the Marches Local Enterprise Partnership (MLEP), this funding has been made available for key Shropshire market towns to support initiatives aimed at enabling safe reopening, social distancing. driving footfall and reinvigorating the town economy.

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"We shall ensure that the trail is 'Covid-safe'. It will be self-guided and as all sites are outdoors and spread out across the Town, social distancing will be maintained."

The grant will also help to support Bishop's Castle Weighbridge Projects Heritage Day In September, as well as enabling important updates to the Town Council's website.

For more information please contact: -Keith Whiddon, 07971 661615 / keith.whiddon@btinternet.com https://www.facebook.com/The-March-Of-The-Elephants-356284908350961/

BC CLIMATE ACTION PLAN – HELP NEEDED! The following initiatives are being planned as part of the Bishop's Castle Climate Action Plan [CAP]:-

'Greening BC': a survey of the town will be undertaken to identify areas where the planting of wildflowers, herbs, shrubs and trees can take place, with the intention of making Bishop's Castle visually greener and increasing its bio-diversity. If you can help, or if you know of any green spaces suitable for planting-up, please let us know.

'BC Community SeedSavers'. Buying seeds can be expensive, which can put people off growing their own vegetables, and knowing which plants grow best in our area can be guesswork, not just for beginners. Start collection and drying your seeds now, and bring them along to a seed swap which will be organised in time for next year's planting season.

'Terracycle plastics collection' TerraCycle is an innovative recycling company that has become a global leader in recycling typically hard-to-recycle waste, such as crisp packaets. We will explore how we can introduce this for items not presently collected by Veolia..

'Electric Vehicle charging point' we have been trying for some time to find a suitable place in the town where visitors and local people can re-charge their EVs. Ideally the charging point should be in the Town to encourage visitors to make use of the town's shops, bars & cafes. If you are considering getting an electric vehicle and have no off-street charging space available, please let us know, so we can begin to assess the likely needs, locally, for public charging point(s), as well as the possible demands of visitors

'Community College Kitchen Garden' Little Woodbatch Market Garden, in co-operation with members of the Sustainability Working Group, will manage the Community College's kitchen garden, supplying fresh herbs and vegetables for the students' meals. We need your help to make these initiatives happen. Please let us know if you can spare a little time to help us.

Contact us at:- townplan@bishopscastle.co.uk or via our Facebook page at www.facebook.com/communityplan

Bishop's Castle Freegle' And don't forget the BC Freegle site Please don't throw your old stuff away! Someone, somewhere may still find it useful.

https://www.ilovefreegle.org/explore/Bishops-Castle-Freegle

"RSVP (Return Shropshire Verges Project) Work continues to improve the

diversity of the grass on the verges at the Bishop's Castle cross-roads by managing

it as a hay meadow. RSVP as a group is working towards collection of roadside verge

cuttings to fuel biodigesters."



We offer Residential and EMI Care, day care places available on a Tuesday in our day care centre which offers activities & bith assisted and un-assisted baths. We also offer respite beds when available.

For more information:

Contact Keturah Bloor Telephone– 01588 63848 Email kbloor@coveragecareservice.co.uk



It is with regret that all concerts and Flea Markets are postponed until the foreseeable future

Message from Sparc



As of 17th March 2020 we are stopping all SpArC Theatre events from today .

We will keep you informed as to when we will recommence.

Take Care and Best Wishes



The Lucky Hare

On 'The Cobbles' just outside the Town Hall by The House on Crutches



Amazing birthday and other gifts Many at Discount Prices

Including : Birthstone Hearts, Flatyz Candles, Hand Painted Tiles, Glass Animals, Sand Blasted Glassware, Colourful Hanging Glass, Nightlights and Light Glass, Tea Light Holders, Incenses and Incense Diffusers.

Opening times in August onwards

Saturday 10.30 am - 4.00 pm

And on other days when feeling sunny.

How to contact your

Councillor Jane Carroll Tel: 01588 638467 Email: jane.carrol@gmail.com

Councillor Ruth Houghton Tel: 01588 638352 Email: ruthmhoughton55@gmail.com Email: grantperry24@icloud.com

Councillor Julie Magill Tel: 01588 638305 Email: julie.magill@outlook.com

Councillor Andy Stelman Tel 07773006413 Email andystelman@icloud.com

Town Clerk: 01588 638141 townclerk@bishopscastletowncouncil.gov.uk

Town Councillors

Councillor Josh Dickin Tel 07530691106 Email bcbc97@outlook.com

Councillor Grant Perry Tel: 01588 638233

Councillor Stuart Morris Tel: 01588 630114 Enail: stuartmorrisstfc@btinternet.com

Councillor Bamber Hawes Tel: 07957 667847 Email: Info@specialprojects.co.uk

Monday to Thursday 9.30am—12.30pm

For allotment enquiries please contact

assistantclerk@bishopscastletowncouncil.gov.uk

If anyone wishes to be a councillor please contact the clerk on 01588 638141 Email townclerk@bishopscastletowncouncil.gov.uk

Jilly Evans - Heather

A.C.O.H., A.R.T., S.P.D.A., Bowtech, N.S.T.

28 Years as a fully qualified practitioner Neuro-Muscular Massage + Deep Tissue Aromatherapy With Thai Massage Stretches Advanced Reflexology Bowen Technique and NST. NLP. EFT For most of your physical Or emotional healing needs

Call Jilly for an appointment or further info On 01588 638 935



WE WOULD LIKE TO HEAR FROM YOU! Phone: 01588 638141 or email: bishopscastlenewsletter@gmail.com



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Locally made £5.00 Per 14kg FREE delivery in Castle. IDEAL

GOLDEN FIRE NUGGETS

firewood BRIQUETTES. (approx.) sack. and around Bishop's FOR WOODSTOVES.

Also FREE delivery of sticks 'n' offcuts £4.50 per large sack.

Golden Fire Nuggets and Sticks 'n' offcuts are a by product of Shropshire Hardwoods Joinery and Timber Frame Buildings. Based in Bishops Castle.



Rachel on 07975871322 For next day delivery.

Visit our websites at

goldenfirenuggets.co.uk and

shropshirehardwoods.com



Bus timetable for bus routes 552 / 553 Bishop's Castle to Shrewsbury											
Monday to Frid		Saturday									
	Arrives			Leaves		Arrives					
Bishop's Castle	7.30		8.30			7.30		8.30			
opposite the Boar's	9.30		10.30			9.30		10.30			
Head	12.15		13.15			12.15		13.15			
all go via the	15.50		16.50			15.50		16.50			
Hospital											
Shrewsbury Stand	8.00		9.00]		8.00		9.00			
	10.05		11.05			10.05		11.05			
	14.45		15.45			14.45		15.45			
	17.40		18.40			17.40		18.40			
all go via the											
Hospital											
Monday and Friday only Bishop's Castle opposite the Boar's	Leaves 9.10		Arrives 10.20			Leaves Ludlow 13.20		Arrives 14.30			
Head Bus timeta	ble for bu	s ro	ute Bisho	p's Ca	stle	to Newtov	wn				
Tuesday only											
	Leaves		Arrives			Leaves		Arrives			
Bishop's Castle opposite the Boar's Head	10.00		11.00			13.55		14.45			
M & J											
M & J Bus time table for bus route Bishop's Castle to Telford											
Tuesday fortnightly	Leaves		Arrives			Leaves		Arrives			
only Bishop's Castle	09.00 10.36					13.40	15.08				
opposite the Boar's Head			Bus stn			Bus stn					

Town Hall open 2nd – 3rd October 10am – 4pm

Art Exhibition from 2nd October Gallery open on Town Hall opening days - Sue Percy and Ann McDonald.

Flea Market 3rd October 10am – 4pm

Town Hall open plus Art Exhibition 15th- 17th October 10am – 4pm

Farmers Market 17th October 9am – 4pm

Town Hall open plus Art Exhibition 23rd – 25th October 10am – 4pm plus

Great Book Sale 23rd - 25th October 10am - 4pm

Town Hall Open plus Art Exhibition 29th – 31st October 10am – 4pm

November 2020

The Town Hall Visitor Centre and Gallery plans to be open to our normal times during November but it is advisable to check our website or contact us as this could change.

www.bishopscastletownhall.co.uk

Telephone: 01588 630023

E mail : info@bishopscastletownhall.co.uk

Flea Market 7th October 10am -4pm

Farmers Market 21st October 9am - 1pm

Art Exhibition Sue Percy and Ann McDonald 1st - 14th November

Art Exhibition Victoria Heath starting from 21st November

Concert Boo Hewerdine 28th November - To be confirmed

STAY ALERT CONTROL THE VIRUS SAVE LIVES

My Self-Isolation Checklist



You must not leave your home if you're self-isolating.

Isolating is hard but is vital to stop spreading the virus.

When to self-Isolate How long to self-isolate ✓ you have any symptoms of coronavirus (a high ✓ For at least 10 days if: temperature, a new, continuous cough or a loss or you have symptoms of coronavirus and you tested change to your sense of smell or taste) positive, had an unclear result or did not have a test. ✓ you've tested positive for coronavirus – this means you You tested positive but have not had symptoms have coronavirus If you have symptoms, the 10 days starts from when ✓ You and anyone you live with must stay at home (selfthey started. isolate) until you get your result. ✓ For 14 days if: ✓ you live with someone who has symptoms or tested you live with (or are in a support bubble with) someone positive who has symptoms of coronavirus and tested positive, had an unclear result or did not have a test or tested ✓ someone in your support bubble has symptoms or tested positive positive but has not had symptoms ✓ you're told to self-isolate by NHS Test and Trace You've been told to self-isolate by NHS Test and Trace ✓ you arrive in the UK from a country with a high It is really important to keep to the self-isolation periods coronavirus risk - see GOV.UK: how to self-isolate Click on the link to find out more when you travel to the UK A Helpful Checklist ✓ Food supplies Can I food shop online? Do I have an account set up ready to use? Can someone shop and deliver for me? Who else can help? Ring 0345 6789 028 to find out or visit Shropshire Council - Support for the public Medication Can some collect for me? Who else can help? Ring 0345 6789 028 to find out or visit Shropshire Council - Support for the public Do I have enough over the counter medication? Add it to your shopping list ✓ Money/Cash – do I have enough money to support me for my needs ✓ Do I have any caring responsibilities? For further advice and support please take a look at information for social care services ✓ Can I work from home if I'm well enough? Speak to your employer or visit financial support for further guidance ✓ Pets – everyday tasks, feeding walking, maybe as a friend or neighbour How do I look after my mental health and wellbeing? There is a wealth of support online for you. Please look at the following: Looking after your mental health and wellbeing during coronavirus - including a great new resource with a variety of information such as local immediate support and online resources, top tips for self-isolation, a children's 14 day coronavirus challenge and helping to manage coronavirus anxiety. NHS Mental Health and Wellbeing Support Fitness studio and exercise videos, Strength exercises, 10 minute workouts If you start to feel worse call NHS 111

You are not alone! We are here to help Please ring 0345 6789 028 for <u>welfare support</u> where you will find a variety of information to help you while you are self-isolating.

STAY ALERT CONTROL THE VIRUS SAVE LIVES

Coronavirus (COVID-19) The following symptoms may appear 2-14 days after exposure. Fever / High temperature Cough Shortness of breath Loss of taste / smell

Anyone with symptoms should stay at home for at least 7 days.

If you live with other people, they should stay at home for at least 14 days, to avoid spreading the infection outside the home.

After 14 days, anyone you live with who does not have symptoms can return to their normal routine.

But, if anyone in your home gets symptoms, they should stay at home for 7 days from the day their symptoms start. Even if it means they're at home for longer than 14 days.

If you have self isolated and are in need or assistance in obtaining groceries, prescriptions of dog walking please contact the Town Hall staff on

> 01588 630023 or email info@bishopscastletownhall.co.uk who will try and assist you with your issues This service will be open between 10am and 4pm Monday, Tuesday, Thursday, Friday ad Saturday

Covid-19 Community Support South West Shropshire

Help for anyone in the Bishops Castle Surgery or School Catchment Area

For Help and Advice please call :

Jeremy Hall – 07967 306615 Anne Roberts: 01588 630 165 or 07891 717728 Glynn Roberts: 01588 630 165 or 07980 266345 Grant Perry – 07949 714959 Josh Dickin – 07530 691106 Valerie Woodmansey: 01588 650 940 or 07986 237683

We can arrange help with Shopping, Prescriptions, Supplies or anything else you may need help with.

If we don't have the answer we will point you to someone who will.

To offer YOUR Help to Community Support SWS please call Evelyn Bowles – 01588 638 851 The Town Clerk – 01588 638 141