



BISHOP'S CASTLE



DECEMBER

To

JANUARY

ISSUE 67



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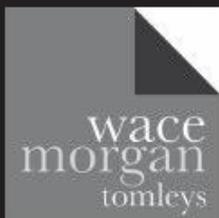


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Hello from your Mayor

On the 17th October Myself and the Deputy Mayor, Councillor Grant Perry were honoured to hand out the annual Civic, Grant and Allotment Awards to members of the community. The Town Council recognise all the hard work that individuals and groups put into making our town such a pleasant place to live. Thank you all so much for your continued support and dedication. There is more information inside.

The Town Council were delighted to hear that planning permission has been passed to start work on the Business Park; we are hopeful that Shropshire Council will help with funding for the infrastructure and ground work.

Planning has also been approved by the Town Council for 55 houses on the field along School House Lane; we are now waiting for Shropshire Council approval. There will be a mix of affordable houses to rent, as well as shared ownership and open market to buy. If you are interested in any of these properties please register on Shropshire Council Home Point.

The Neighbourhood Development Plan is coming to a conclusion; this will enable the Town Council and the local community to have more say over how our Town can be developed and what is built in the future.

Our annual Christmas Lights will be on December 7th. Councillors Whittingham and Perry, Bernard Edwards and Trevor Hedges have put in a great deal of hard work and imagination into making this event a 'Night to Remember' with so much going on. More volunteers are being sought after to help on the day with erecting marquees, traffic control and general help – please have a chat with Whitty if you can spare some time. Also, the fantastic 'Grotto' will be at the Castle Hotel.

David & Janet Preshous are compiling an exhibition in the Town Hall on the 8th May 2020 to commemorate 75 years from VE Day – 'Victory in Europe'. They would like to hear from anyone in the community and surrounding area with memories or photographs of that time, please contact the Heritage Resource Centre.

I wish you all a very Happy Christmas and New Year.

Best wishes

Liz M...
3

The Town Council's

The Civic, Allotment Awards together with Grants Awarded

There were several awards presented on Tuesday 15th October 2019
The recipients were: -

Alistair Evans for his many years of dedicated services assisting with the Christmas events including donating Xmas trees, and general support around the town.

Pat Morrison For her dedicated services organising Walking for Health, Patients Group, Friends of Bishop's Castle Community Care Home & Hospital.

Steve and Lynne Farr for their dedicated services organising Party in the Park.

Sue Wilmer for her many year of dedicated services volunteering at Bishop's Castle Arts Festival Committee & Open Studios Events.



Thomasina Carlyle for her many year of dedicated services volunteering at Bishop's Castle, Community College fundraising and events organising.

A special award was given to Tracy Magill for his many years of dedicated services volunteering at Bishop's Castle. His commitment to the youth of the town, when as a Station Officer arranging visits to the Fire Station. Also, for all his fundraising activities. This was presented to him by his wife, the Mayor.



ALLOTMENT AWARDS

This year the Judge was Mrs Nicky Moore. Nicky runs an organic small holding and has been growing organic produce for local markets for many years. She is a keen environmentalist, and her ethos could be said to be “tread lightly”.

The judging took place over an afternoon in late summer. All plots were inspected once, and those which the judge found promising were revisited several times and assessed in detail.

The award classifications were:

Best All Round Plot

Best Environmentally friendly plot

Most Productive Plot

Judges Special Mention



Best All Round = Tamara Jones for Plot 20. The Judge liked this plot for several reasons. There was a good variety of crops including small fruit trees.

Best Environmentally Friendly = Dru Cole for Plot 4. The judge really liked this plot. It had the most butterflies and bees, and the fruit trees and other different levels of planting gave a layered, permaculture feel.

Most Productive Plot = Emma Bews for Plot F3. There were several good productive plots to choose from. The judge chose Emma's plot because the whole plot was very well used and full of produce. It was visually interesting, and had a good variety of different crops. Emma also wins the Town Council's Challenge Cup this year. This is given out annually and is returned by the winner in time for next year's awards.

Judges Special Mention = Glenda Morris and Steve Bownes for Plot 12. This was the judge's favourite. She returned to it several times, and each time found it visually pleasing and peaceful.

Also awarded were grants for worthy causes

BC Cricket Club	£800	For new sight screen
BC Railway Society	£1,000	Cost of new windows and doors
BC Tandem Triathlon	£500	purchase of 4 tandems
BC PCC	£1,000	to run a seminar as part of the restoration of the Georgian graves project
BC caring for mangods acre	£1,000	volunteer visits, survey and agreement brief
BC town football club women's team	£1,000	new kit training equipment
BC Community College	£774	outdoor shelter
Castle Carols	£250	advertising and venue booking



Also during the evening those who had received awards last year gave a short presentation of how that grant was spent.

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BISHOP'S CASTLE TOWN COUNCIL

Full Council meetings take
place usually on the 3rd
Tuesday of each month:

*All meetings are held in the
Town Hall and commence
at 7.30pm. Members of
the public are most wel-
come to attend.*

*There is a specific point in
each agenda that mem-
bers of the public may
speak. Should you have an
issue you would like to
bring to the Council's at-
tention or something you
would like to discuss,
please let the Clerk know
beforehand that you would
like to speak and the sub-
ject matter so that we can
prepare.*

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Friends of Bishop Castle Community, Care Home and Hospital

Registered Charity No. 1005980

JOIN US NOW AND SUPPORT YOUR COMMUNITY

**We warmly invite you to become a member of the Friends and help to promote
the health, safety and well being of people within our community whether at
home, in Stone House Care Home or in the Community Hospital.**

To become a member we ask for an annual donation of £5.

All donations to be sent, with name and address to Membership Secretary

Mrs Joan Grant, 4 Clive House, Bishop's Castle, SY9 5AZ

West Mercia Police

BISHOP CASTLE & RURAL Safer Neighbourhood Team

Newsletter

Where we work

BISHOPS CASTLE & RURAL SNT is based at Bishops Castle Police Station, Union St, Bishops Castle, SY9 5AJ. We work around the Parishes and area's of Bishops Castle, Mainstone, Colebatch, Clun, Llanfairwaterdine, Newcastle, Stowe, Bucknell, Bedstone, Hopton Castle, Clungunford, Aston on Clun, Hopesay, Clunbury, Edgton, Wistanstow, Lydbury North, Lydham, More, Norbury, Wentnor, Ratlinghope, Stiperstones, Worthen & Chirbury.

Your Safer Neighbourhood Team are:

PC 3331 Stuart Coote

PCSO 6160 Shaun Culliss

Police contact numbers

Emergency: 999

Non Emergency 101

Bishops Castle voicemail: 01743 264777

(Not to be used for reporting crime, incidents or emergencies)

Crime stoppers: **0800 555 111**

Web site: www.westmercia.police.uk

Twitter: **@SouthShropCops**

Facebook: **Bishops Castle Policing Team Rural Watch**

Contact Email address:

bccar.snt@westmercia.pnn.police.uk

What is a Neighbourhood Watch group?

Neighbourhood Watch (NW) schemes are an excellent way of preventing crime and anti-social behaviour, reducing the fear of crime, and building stronger and safer communities.

In a NW scheme, people come together to make their neighbourhoods better places to live.

NW helps people protect themselves and their properties and reduces the fear of crime by means of improved home security, greater vigilance, accurate reporting of suspicious incidents to the police and each other and by fostering a community spirit.

Even in areas where crime rates are low, the fear of crime, particularly among vulnerable people, can be high. Involvement in NW can reassure vulnerable residents and provide support to those who are worried about their safety and security.

NW schemes enable communities to look after each other. They can also lead to greater public support for local police and a greater chance of people reporting incidents to police or the local authority that might have previously gone unreported and so bring about positive change.

Anyone can set up a Neighbourhood Watch scheme, although in some areas the local NW Association or local police may have their own procedures for approving those who wish to become a NW coordinator.

Often people are motivated to start a scheme as a response to an incident that directly affected them or their community, but you don't have to wait for a crime to be committed in your neighbourhood before launching a group. As always, prevention is better than cure. Being part of a NW scheme can deliver financial benefits too – members may be eligible for discounted products and services from NW

Roy Davies

Parish Priest : February 14, 1934 – July 16, 2019

Roy Davies, who was vicar of Bishop's Castle, rector of Mainstone and priest in charge of More, Lydham and Snead from 1970-1983, died on July 16 this year, after spending his last years in Stretton Nursing Home near Hereford, suffering from dementia.

Roy and family first came to the Clun Valley in 1963, when the last threshing teams still roamed the hills above Clun, helping bring the harvest home for the small farms he so loved to visit. He first visited the Clun Valley in the late 1950s, when he was studying to be a priest and stayed with his new friend from theological college, Jim Cummins, a fellow trainee, who came from Skyborry, above Knighton. A lifelong friendship was formed with Jim and a love for the Shropshire Hills which never waned. When he was offered the chance to move to Clun in 1963, Roy – and his wife Hannah – jumped at the opportunity as they had already come to love the area through their visits to Skyborry.

After seven years in Clun, Roy was asked if he'd like to make the big move over Colstey to Bishop's Castle. With a young family already very happily settled in the area it was an obvious move, so in 1970, the Davies moved into Bishop's Castle Old Vicarage and began a very happy phase of family life in one of this country's great little towns.

In addition to his work as the local vicar, Roy soon joined the town council, along with Bill Jarvis, St John Penny, Jack Bedell and Pam Love, who was the first female councillor in 1973.

He also joined the Buffs (Royal Antediluvian Order of the Buffalos) along with the likes of Doug Higgins, Brian Bennett and Rolly Higgins and built many life-long friendships across the community. It was wonderful to see Betty, Doug's widow at Roy's Mainstone service.

He became a Governor of the High School, now the Community College and one of his early responsibilities was to choose the new headmaster, David Preshous, who was appointed in 1973. Along with a young Ian Ball, who arrived to teach RE and the friends all three were making in the wider community, they began to work on reviving and re-creating some of the great local folk traditions that had all but disappeared.

As David Preshous said when he spoke at Roy's funeral in Mainstone on August 31st, "One of his greatest gifts was demonstrating how vital and invigorating it is, in a small community, to participate openly in all aspects of local life. His universal popularity stemmed from the ready and transparent warmth of his acceptance of all comers – the gift of immediate connection. He greeted, joked and talked with everyone he met and everyone loved talking with him."

Over his 13 years in Bishop's Castle, he worked tirelessly to bring together the deep and much-loved traditions of the Church of England with new and exciting explorations of worship. He encouraged Ian Ball to start what became a long series of pilgrimages from Bishop's Castle to religious sites around the UK and beyond. He joined the 40th Anniversary of the first one to Hereford Cathedral in 1976, as recently as 2016. .

And with John Kirkpatrick and the newly-founded Shropshire Bedlams and Martha Roden's Tuppeny dish dancing teams, he helped lay the foundations for the Midsummer Rejoicing and the Rush Bearing at Michaelmas

His long-standing request was that his ashes should be buried at Mainstone, the peaceful little Church on Offa's Dyke, that both he and Hannah loved to visit. They had many happy days and evenings visiting or celebrating with the Hudsons, the Ellisons, Gordon and Anne Lewis and many more and this is where they both wanted to be laid to rest. It was wonderful that some of the local folk singers Roy and Hannah so happily supported in their years in Bishop's Castle, came along to his funeral and played everyone out of Church, for what was a wonderful celebration of his life.

After leaving Bishop's Castle, in 1983, Roy and Hannah never moved far, staying in the Hereford Diocese, based in Sidbury and then Much Wenlock, until they retired to Hereford in 1999. He and Hannah loved the Shropshire Hills and felt welcomed and supported by the community around Bishop's Castle long after they had moved on. They would be delighted to know that their wish to be buried in their beloved Mainstone has come true.

Hugh Davies, September 2019

hugh_daviesuk@yahoo.co.uk

If anyone has any local news please contact Julia Parker on 01588 680445 or email jparker228@btinternet.com

Dyslexia Tutor

www.dyslexiahelp4u.o.uk

e-mail: pippa@dyslexiahelp4u.co.uk

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CALLING ITALIAN SPEAKERS

I would like to contact any Italian speakers in the area with a view to getting together for lunch once a month in a local hostelry to chat. If you're interested, then please 'phone Hilary on 01588 638426.



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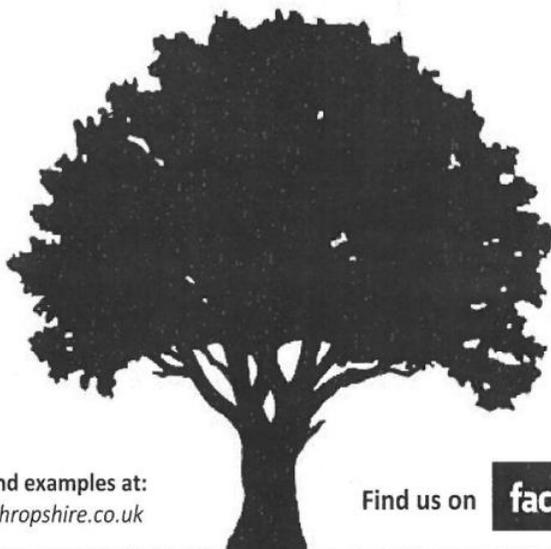
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own this Christmas
Day?**

**If so, you are invited to
join us for a
Traditional Christmas
Lunch in Bishops
Castle!**

Transport can be provided.
Arrive for drinks and mince pies.

Enjoy a two-course lunch
(vegetarian option).

Relax and enjoy some light
entertainment and conversation.

Time: 11:30am - 3pm
Venue: Church Barn
Cost: Suggested donation
of £7 to help cover
costs.

Contact: Linda on 01588
630409 for more
information and booking.





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Mince pies & Hot Drinks,

St John's Church, Bishop's Castle

Thursday 19th December

6.30pm - 8.30pm





Carols and Christmas Services

Thursday 12th

6pm **Edgton** Carol Singing, Mulled Wine and Mince Pies.
Meet at the Church

Saturday 14th

4pm Messy Church Christingle in **Bishop's Castle**
Church

Tuesday 17th

2pm **Lydbury North** Primary School Carol Service in
Lydbury North Church

Thursday 19th

6.30pm Drop in Pop In Carol Singing **Bishop's**
Castle Church with BC Orchestra and Any-
thing Goes



Friday 20th

1.45pm **Bishop's Castle** Primary School Christmas
Concert in Bishop's Castle Church

Sunday 22nd

3.30pm **Mainstone** Family Christmas Service in Mainstone
Church

3pm Carol Service and tea at **Bishop's Castle Methodist**
Church

6.30pm **Lydbury North** Lessons and Carol Service in
Lydbury North Church

Tuesday 24th

4pm **Lydbury North** Nativity Service in Lydbury North
Church

6.30pm **Sarn** Community Carol Service and Christingle in
Sarn Village Hall

8pm Carols and Christmas Eve Mass at St Walburga's

Catholic Church, Plowden

11.30pm Midnight Mass at Bishop's Castle Church

Christmas Day 9.30am Holy Communion at Edgton Church



9.30am Holy Communion at Mainstone Church

9.30am Holy Communion at Sarn Church

11am Holy Communion at Bishop's Castle Church

11am Holy Communion at Lydbury North Church

11am Christmas Mass at St Walburga's Catholic Church, Plowden

Festive Friends Christmas Day Lunch for those on their own.

Church Barn, Bishop's Castle 10.30am – 3.30pm. To book a place please ring 01588 630409

Quakers meet every Sunday at 10.30am at the Community Centre in Grange Road.

For details of all the regular services, please see the relevant Church magazines and notice sheets.



Christmas Festival Saturday 7th December 2019

If there are anyone who is willing to help out during this years Christmas festival on 7th December 2019 please contact Whitty at the Happy Bap. He would be more than please of whatever time you can spare to help.

Dementia Friendly Bishop's Castle Group News – **we need your help!**

Earlier in the year, Bishop's Castle was recognised by the Alzheimer's Society as a Community working towards being Dementia Friendly. Since then, the steering group has identified 'Health and Social Care' and 'Shops and Businesses' as priorities for action.

We have had conversations with Bishop's Castle Medical Practice, who were keen to evaluate their provision of care for those living with Dementia and their carers. They have taken steps to improve signage and accessibility, and the staff have received Dementia awareness training.

We have had a tour of the new Dementia Unit at Coverage Care, and have attended the Forget-me-Not café at Keegan's Court. Recently, Valerie Woodmansey, who runs the local Dementia awareness sessions, has been the guest speaker at the Friends of Stonehouse AGM, and has run awareness sessions with members of the WI and Mothers' Union.



Members of the steering group have started to visit shops and businesses in Bishop's Castle to raise awareness of the needs of people living with Dementia. Look out for "Working towards Dementia Friendly" stickers in shop windows. To receive one you and your staff need to attend a Dementia awareness session and show you have thought about how to make improvements to assist your customers. Bubbles was the first business in town to receive a logo and Certificate of Appreciation.

How you can help:

Become a Dementia Friend by attending an awareness session

Invite us to visit your business to learn more about what you can do to improve accessibility

Raise issues/difficulties that concern you if you or your loved ones have Dementia

Get more involved in raising awareness by joining our group.

Contact us on bcdementiafriends@gmail.com for any of the above.

We are especially grateful to Kemp Valley Apple Pressing Group for sponsoring us to obtain Alzheimer Society leaflets



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Cut off dates for the News letter

If you wish any article to appear in the Newsletter these are the cut off dates for the inclusion in the following month's Newsletter.

17th January 2020

16th March 2020



**Listings for December 2019
and January 2020**

BISHOPS CASTLE TOWN HALL

DECEMBER

To 22nd Dec Young People's Art Exhibition

7th Dec Christmas Flea Market 9am to 4pm
First Saturday of the month. Lift available. Free
entry. Tel: 01588 630023

13th Dec Blast Storytelling – Midwinter Miracles from
Medieval times – Dave Tongue at 8.00 pm
Tickets £8 per person or £25 for a group of up to 4
people can be purchased at The Town Hall or
online at : <https://www.ticketsource.co.uk>

21st Dec Christmas Farmer's Market 9am til 1pm

21st Dec John Kirkpatrick – Carolling and Crumpets
Christmas Concert at 7.30pm
Come along to this Festive treat and get into the
spirit of Christmas!

Tickets £10 available from the Town Hall on 01588
630023 or <https://www.ticketsource.co.uk>
Doors open at 7pm Bar available

JANUARY 2020

- 4th Jan Flea Market 9am to 4pm
First Saturday of the month. Lift available.
Free entry. Tel: 01588 630023
- 10th Jan Blast Storytelling – From ear to there –
Amy Douglas 8pm
Tickets £8 per person or £25 group ticket up
to 4 people can be purchased from the
Town Hall or online:
www.ticketsource.co.uk/
- 18th Jan Farmer's Market 9am til 1pm
- 25th Jan Xhosa Cole Quartet – Clun Valley Jazz, 8pm
Doors open at 7.30pm. Bar
Winner of the 2018 BBC young musician of the
year, Xhosa Cole. Performing alongside are
fellow finalist and bass player James
Owston, drummer Jim Bashford and Canadian
virtuoso Jay Phelps, this band embodies the
spirit of the Bebop greats. Tickets £15 available
from the Town Hall on 01588 630023 or
online: www.ticketsource.co.uk/

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CAROLS WITH THE

MARCHES CHOIR

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Email – kbloor@coveragecareservices.co.uk

Dates for Council meetings

The Council meets on the third Tuesday of each month

2019

Tuesday 17th December

2020

Tuesday 21st January

Tuesday 17th March

Tuesday 18th February

Tuesday 21st April

How to contact your

Councillor Keith Bance

Tel: 01588 638455

Email: bance74@googlemail.com

Councillor Jane Carroll

Tel: 01588 638467

Email: jane.carrol@gmail.com

Councillor Ruth Houghton

Tel: 01588 638352

Email: Houghton.ruth@btinternet.com

Councillor Julie Magill

Tel: 01588 638305

Email: julie.magill@outlook.com

Councillor Nigel Morris

Tel 01855 638761

Email nigelmorris2019@outlook.com

Town Councillors:

Councillor Josh Dickin

Tel 07530691106

Email bcbc97@outlook.com

Councillor Grant Perry

Tel: 01588 638233

Email: grantperry24@icloud.com

Councillor Steve Whittingham

Tel: 01588 638954

Email: thehappybap@yahoo.co.uk

Town Clerk: 01588 638141

townclerk@bishopscastle.co.uk

*Monday to Thursday 9.30am—
12.30pm*

*For allotment enquiries please
contact:*

assistantclerk@bishopscastletowncouncil.gov.uk

If anyone wishes to be a councillor please contact the clerk on
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December 2019

December and January at SpArC Theatre

SpArc Theatre tickets make a great Christmas gift and a lovely way to spend time with friends and family – Gift vouchers are available at SpArC Theatre and Enterprise House.

Thursday 5th December 7pm

NT LIVE: Present Laughter- Noël Coward

Matthew Warchus directs a 'superb performance' by Andrew Scott (BBC's Sherlock, Fleabag) in Noël Coward's provocative comedy

Adults £12 Under 18's £8

Friday 6th December

SpArC Christmas Bingo

Doors open at 7pm, eyes down at 8pm.

SpArc Christmas Prize Bingo

£12 for a book of 10 games with 6 cards per game .

Saturday 7th December 7.30pm

Live Music: Mike Sanchez

Mike Sanchez is one of the most exciting and charismatic performers of Rhythm & Blues and Rock 'n' Roll in the world today. His indelible image as a frenetic front man, pumping powerful boogie-woogie from the piano, Get your dancing shoes on!

All Tickets £15

Tuesday 17th December 2pm

Afternoon Film: Get Santa (PG)

British Comedy : After crashing his sleigh, Santa Claus(Jim Broadbent) ends up in jail and a father (Rafe Spall) and son embark on an adventure to round up his reindeer and get him home.“Jim Broadbent is a treat as Father Christmas in this gentle festive comedy” The Guardian

Accessible Cabaret seating/no steps/ hearing loop/ tea and biscuits
£1/local Free Bus available All Tickets £3 Accompanying Carers
FREE

Sunday 5th January 2pm

Andre Rieu - 70 Years Young

This New Year's cinema event celebrates the maestro's 70th birthday.
This is André Rieu's ultimate concert, a celebration of his life in music.
Adults £12 Under18's £8

Thursday 16th January 7pm

FILM: Downton Abbey (PG)7pm

Excitement is high at Downton Abbey when the Crawley family learns that King George V and Queen Mary. □□□□”Sumptuous and lovely “
Adults £6 Under 18's £4

Sunday 19th January 2pm

Royal Ballet: Sleeping Beauty

Via Satellite

Delighting audiences in Covent Garden since 1946. A beautiful classic of Russian ballet.
Adults £13 Under 18's £8

Tuesday 21st January 2pm

Afternoon Film: From Time to Time (PG)

A ghost story spanning two worlds, two centuries apart.
Starring Maggie Smith and Timothy Spall .

Accessible Cabaret seating/no steps/ hearing loop/ tea and biscuits £1/local Free Bus available All Tickets £3 Accompanying Carers FREE

Wednesday 29th January 7.45pm

Royal Opera House: la Boheme

Live Via Satellite

Puccini's adored opera of young love in 19th-century Paris.

Adults £13 Under 18's £8

Friday 31st January 6pm

LIVE : The Little Prince from

LUCA SILVESTRINI'S PROTEIN

Welcome to the incredible story of The Little Prince, retold in this dance and theatre. Based on the famous story by Antoine de Saint-Exupéry, The Little Prince is brought to life using Protein's award-winning mix of dance, humour and spoken word. Protein's invites us to look at the world through one's heart and to reconnect with our inner child. Not to be Missed.

Tickets £7.50 Group of 5 £30

Declaration of Climate and Nature Emergency

In September, in step with many other towns and cities in Shropshire and throughout the UK, Bishop's Castle Town Council declared a Climate & Nature crisis. The Sustainability Working Group of the BC Community Partnership has been asked to draw-up an Action Plan, the first phase of which should be delivered by April 2020.

The draft scope of the work includes the following:-

To review the existing Town Plan's recommendations to assess what impacts they may have on our carbon footprint and bio-diversity and seek mitigations for them;

To develop recommendations on improvements that can be made to our existing way of life that will move us towards a lower, ideally zero, carbon footprint and greater bio-diversity;

In addition to activities that fall within the Town Council's remit, the recommendations can also include activities that the local Community (including those in neighbouring Parishes) could undertake, e.g through volunteering, crowd-funding or be delivered by existing community organisations;

The Working Group will liaise with, and take into account, work being carried out by neighbouring groups, e.g. the Clun Environment Group;

If sufficient organisational resources are available, ideas will be sought from, and recommendations reviewed by, a Citizens' Assembly.

The Action Plan will take into account the Transition Town movement's principles of:-

Respecting resource limits and creating resilience – The urgent need to reduce carbon dioxide emissions, greatly reduce our reliance on fossil fuels and make wise use of precious resources is at the forefront of everything we do.

Promoting inclusivity and social justice – The most disadvantaged and powerless people in our societies are likely to be worst affected by rising fuel and food prices, resource shortages and extreme weather events. We need to increase the chances of all groups in society to live well, healthily and with sustainable livelihoods.

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Anyone wishing to join the Working Group, or with ideas on how to 'green' Bishop's Castle should get in touch by:-

e-mail: townplan@bishopscastle.co.uk

Facebook www.facebook.com/communityplan

or telephone Mike Watkins on 01588-630277

Michaelmas Fair

This year's Michaelmas Fair was blessed with fabulous weather! It attracted large numbers of visitors to the Town. The range and quality of entertainment on offer this year was exceptional, including circus performers, dancers, children's puppet theatres, musicians, as well as wonderful steam engines and vintage vehicles and tractors.

Next year's Fair will be the 25th anniversary. The Fair has changed significantly over those years and it has become a very important part of our Town's culture and economy. I should like to take this opportunity to thank everyone who helped to make the Fair such a success and also to the local businesses that provided support.

However, myself and the other committee members who have been involved heavily for a number of years now feel that we need to step down, partly because it is becoming increasingly difficult to sustain our personal level of involvement and also because we feel we need to make way for new ideas to help keep the Fair fresh going forward. We've agreed that we are willing to continue next year as it is the 25th anniversary, but will then stand down.

We are announcing this now to leave plenty of time for a wider debate about what our community wants from the Fair and also to find fresh people with fresh ideas to take it on. We remain fully committed to the future of the Fair and hope that people will understand why we feel that we need to hand over the reins.

If you are willing to become involved and help keep the Fair alive, then please do come to our AGM on 27th January.

Keith Whiddon
Chair of Michaelmas Fair



The Lucky Hare



On 'The Cobbles' just outside the
Town Hall by The House on Crutches

Amazing Christmas Gifts Many at Discount Prices

Including : Flatyz Candles, Scented Pine Cones, Hand Painted Tiles,
Glass Animals, Sand Blasted Glassware, Colourful Hanging Glass,
Nightlights and Light Glass, Tea Light Holders, Pure Essential Oils,
Diffusers and Attractive Christmas Pot Pourri.

Opening times in December.

Friday and Saturday 10.30 – 4.30 Sunday 11.00 – 4.00

And on many other days. (Saturdays in January)

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Rachel on 07975871322

For next day delivery.

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goldenfirenuggets.co.uk and

shropshirehardwoods.com



Bus timetable for bus routes 552 / 553 Bishop's Castle to Shrewsbury

Monday to Friday times (school days)				Saturday		
	Leaves	Arrives		Leaves	Arrives	
Bishop's Castle opposite the Boar's Head all go via the Hospital	7.30	8.30		7.30	8.30	
	9.40`	10.40		9.30	10.30	
	12.20	13.20		12.15	13.15	
	13.30	14.30		16.00	17.00	
	15.40	16.40				
Shrewsbury Stand N all go via the Hospital	7.35	8.35		8.00	9.00	
	10.05	11.05		10.00	11.00	
	12.00	13.00		14.45	15.45	
	14.00	15.00		17.40	18.40	
	16.25	17.25				
	17.40	18.40				

Bus timetable for bus route 745 Bishop's Castle to Ludlow

Monday and Friday only			Leaves	
	Leaves	Arrives	Ludlow	Arrives
Bishop's Castle opposite the Boar's Head	9.15	10.25	13.15	14.25

Bus timetable for bus route Bishop's Castle to Newtown

Tuesday only

	Leaves	Arrives	Leaves	Arrives
Bishop's Castle opposite the Boar's Head	10.00	11.00	13.55	14.45

M & J

M & J Bus time table for bus route Bishop's Castle to Telford

Tuesday fortnightly only	Leaves	Arrives	Leaves	Arrives
Bishop's Castle opposite the Boar's Head	09.00	10.36	13.40	15.08
		Bus stn	Bus stn	

Teme Sparc Swimming Timetable

Teme Sparc

Accurate as of 31/01/2019

(31-01-2019 - 06-02-2019)



Day	Time	Session	Facility
Thu	16:00 - 18:00	Aquastar Swimming Lessons	Main Pool
Thu	18:00 - 19:00	Aquafit	Main Pool
Thu	19:00 - 21:00	Public Session 1 Lane	Main Pool
Fri	07:00 - 10:00	Adult Lanes	Main Pool
Fri	10:00 - 11:00	Available to Hire	Main Pool
Sun	09:00 - 10:00	Adult Lanes	Main Pool
Sun	10:00 - 11:00	Public Swim	Main Pool
Sun	11:00 - 12:00	Family Fun	Main Pool
Mon	16:00 - 18:00	Aquastar Swimming Lessons	Main Pool
Mon	18:00 - 19:00	Aquafit	Main Pool
Mon	19:00 - 21:00	Adult Lanes	Main Pool
Tue	07:00 - 10:00	Adult Lanes	Main Pool
Tue	10:00 - 11:00	Parent & Toddler Sessions	Main Pool
Tue	11:00 - 16:00	Closed	Main Pool
Tue	16:00 - 19:00	Aquastar Swimming Lessons	Main Pool
Tue	19:00 - 21:00	Adult Lanes	Main Pool
Wed	16:00 - 18:00	Aquastar Swimming Lessons	Main Pool
Wed	18:00 - 19:00	Family Fun	Main Pool
Wed	19:00 - 21:00	Public Session 1 Lane	Main Pool

MONDAY

Time	Class	Instructor
5.00 - 5.50pm	Fitness Pilates	Lucy
6.00 - 6.50pm	Kettlebells	Dan
6.00 - 6.45pm	Aqua Aerobics	Lucy
7.00 - 7.45pm	Studio Cycling	Dan
7.00 - 7.30pm	On The Ball	Lucy
7.30 - 8.00pm	H I T	Lucy
8.00 - 8.45pm	Strength H I T	Dan

TUESDAY

Time	Class	Instructor
9.20 - 10.10am	Aerobics & Tone	Lucy
10.20 - 11.10am	Fitness Pilates	Lucy
6.00 - 6.45pm	Studio Cycling	Lucy
6.00 - 6.50pm	Circuits	Dan
7.00 - 7.50pm	Fitness Pilates	Lucy
7.00 - 7.30pm	Stretch and recovery	Dan
7.30 - 8.00pm	Metafit	Dan

WEDNESDAY

Time	Class	Instructor
6.00 - 6.50pm	Body Shock	Lucy
7.00 - 7.50pm	Fitness Pilates	Lucy
8.00 - 8.50pm	3 in 1	Lucy

THURSDAY

Time	Class	Instructor
6.00 - 6.45pm	Aqua	Zana
6.00 - 6.45pm	Studio Cycling	Dan
7.00 - 7.30pm	Muscular Strength	Dan
7.30 - 8.00pm	Stretch & Relief	Dan
8.00 - 8.50pm	Strength H I T	Dan

FRIDAY

Time	Class	Instructor
9.20 - 10.10am	Cardio & Swiss Ball Blast	Lucy
10.20 - 11.10am	Fitness Pilates	Lucy

ADVANCE BOOKING RECOMMENDED

Booking available online via our App or website.
Class descriptions can be found on our website and App

www.teme-leisure.co.uk

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