



# BISHOP'S CASTLE



JUNE

To

JULY

2019

ISSUE 64



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- Social Housing & Development
- Wills, Trusts, Tax Planning & Probate



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Residential Property &  
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**Rachel Mole**

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## **TRINITY HOSPITAL CLUN**

The Trustees of Trinity Hospital, Clun would like to hear from people in housing need over 55 years of age and living within the area comprising the former Lordships of Clun and Bishop's Castle and the Parishes of Knighton and Churchstoke who are interested in living at Trinity Hospital.

2 one bedroom ground floor properties which are situated in the quadrangle are available. The properties have central heating and an alarm system.

Preference will be given to those in housing need who have lived in the area for at least 5 years.

For further details please contact the Clerk to the Trustees, Janet Woodroffe at Petan, Wistanstow, Craven Arms, SY7 8DG  
Tel. No. 01588 672303

## BISHOP'S CASTLE COMMUNITY PARTNERSHIP ROUND-UP

### TOWN CHARACTER ASSESSMENT

“A special place.....one of the great secrets of this country” was how one person described their feelings about Bishop’s Castle in our Town Plan consultations. If you feel the same way and can spare a couple of hours of your time, come and help the Community Partnership assess what makes our town a unique place.

You can do an in-depth analysis of one of our town centre streets which should be both fun and stimulating. Perhaps you may be surprised by things you haven’t noticed before? We will provide all the resources you need and guidance on how to do the assessment. If it sounds interesting, contact either Anne-Marie Jackson on 01588 638566 or [jackson.annemarie@btinternet.com](mailto:jackson.annemarie@btinternet.com) or Norma Harman on [normaharman@hotmail.com](mailto:normaharman@hotmail.com) for further details.

#### ‘FIGHT THE PLASTIC’

The FTP team have won a grant from Mid-Counties Co-op which will go towards the cost of opening a stall at the Farmers’ Market offering plastic-free alternative products. Any suggestions of suitable items will be welcomed. E-mail us at [info@fighttheplastic.org.uk](mailto:info@fighttheplastic.org.uk). In addition we will be developing information packs for businesses and schools and planning beach and river cleans. All this is in addition to our target of achieving the ‘Surfers against Sewage’ award of Plastic-Free town status.

#### TOWN PLAN

The following new ideas have been put forward for inclusion in the Town Plan:-

A Community Café envisioned as: “An inclusive, multi-functional community space on the high street centred around a zero-waste community café model that can serve as a place to bring people together, empower, educate and entertain. A positive space where learning and creativity can thrive and will keep with BC’s artistic tradition while invigorating the town centre.”

A Repair Café dealing with items ranging from bikes and computers to clocks and PAT testing, dependent on what volunteer skills are available. Tea and cakes would, of course, be an integral part of this pop-up facility.

To bring these and other ideas in the Town Plan to fruition needs people – Artificial Intelligence isn't yet an option! So please consider giving a little of your time to help us improve our community. Contact us via e-mail at [townplan@bishopscastle.co.uk](mailto:townplan@bishopscastle.co.uk) or via our Facebook page at [www.facebook.com/communityplan](http://www.facebook.com/communityplan)

On Tuesday 14th May 2019 the Annual Mayor making took place at Bishop's Castle

Town hall there was in excess of 50 persons present to see Councilor Julie Magill appointed and sworn in as the Mayor of Bishop's Castle Town Council for 2019-2020, her consort was Mrs Sue Salisbury. Councillor Grant Perry was appointed as Deputy Mayor of 2019-2020.



The Civic Service and parade took place through the centre of Bishop's Castle on Sunday 19th May 2019

## THANK YOU ALL!

This year's Round and About Walks were blessed with an ideally cool but sunny day, attracting 210 people, more than usual. They all enjoyed the new route and venue, the views, the lunch in Clun and the cakes back in BC. The only thing that nobody liked was my inventive detour at the end. I guess that, for those who had already walked 22 miles, it was a bit much!

I am in the early stages of counting the money, but have almost reached £9,000. I'll let volunteers know the final amount. This money has a serious positive impact on Bloodwise, the biggest blood cancer charity in the UK. In Birmingham alone, it has £16 million invested in 32 different research projects and clinical drug trials, which help speed up access to new treatments for patients with leukaemia, lymphoma and myeloma. It was a particular joy for me to meet a fit walker three years after her treatment for the cancer which killed Dave.

I am particularly grateful for:

the generosity of local firms - BC Co-op, Boars Head, Castle Hotel, Ganges, Poppy House and Wenlock Water - which makes walkers feel really wanted

the time, energy and enthusiasm of some 50 volunteers who help, mostly on the day

the support of those energetic people who actually do the walk.



The date for next year is Saturday May 9, starting at the Church Barn again. Any new thoughts - particularly from those not directly involved - or offers of help in any way are very welcome.

Jean Shirley ([jeanshirley@btinternet.com](mailto:jeanshirley@btinternet.com))

## PLANT SALE

On June 1, outside the Bishops Castle chemist from 9.00 to 2.00, there will be a plant sale in aid of the Marches Choir.



The last time we held one, two years ago, there was a huge

variety of plants at really low prices. We hope to repeat this.

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## BISHOP'S CASTLE

### TOWN COUNCIL

Full Council meetings take place usually on the 3<sup>rd</sup> Tuesday of each month:

*All meetings are held in the Town Hall and commence at 7.30pm. Members of the public are most welcome to attend.*

*There is a specific point in each agenda that members of the public may speak. Should you have an issue you would like to bring to the Council's attention or something you would like to discuss, please let the Clerk know beforehand that you would like to speak and the subject matter so that we can prepare.*

**WE WOULD LIKE TO HEAR FROM YOU!**

Phone: 01588 638141 or

email:

[bishopscastlenewsletter@gmail.com](mailto:bishopscastlenewsletter@gmail.com)



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@CCBCFriends  
All funds raised support CCBC

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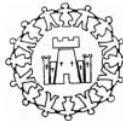
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Independent Provident Society No. 27255R

TSA Regulator of Social Housing No. H4156



## **Friends of Bishop Castle Community, Care Home and Hospital**

Registered Charity No. 1005980

### **JOIN US NOW AND SUPPORT YOUR COMMUNITY**

**We warmly invite you to become a member of the Friends and help to promote  
the health, safety and well being of people within our community whether at  
home, in Stone House Care Home or in the Community Hospital.**

**To become a member we ask for an annual donation of £5.**

**All donations to be sent, with name and address to Membership Secretary**

**Mrs Joan Grant, 4 Clive House, Bishop's Castle, SY9 5AZ**

# West Mercia Police

## **BISHOP CASTLE & RURAL Safer Neighbourhood Team**

### Newsletter

## Where we work

**BISHOPS CASTLE & RURAL** SNT is based at Bishops Castle Police Station, Union St, Bishops Castle, SY9 5AJ. We work around the Parishes and area's of Bishops Castle, Mainstone, Colebatch, Clun, Llanfairwaterdine, Newcastle, Stowe, Bucknell, Bedstone, Hopton Castle, Clungunford, Aston on Clun, Hopesay, Clunbury, Edgton, Wistanstow, Lydbury North, Lydham, More, Norbury, Wentnor, Ratlinghope, Stiperstones, Worthen & Chirbury.

Your Safer Neighbourhood Team are:

PC 3331 Stuart Coote

PCSO 6160 Shaun Culliss

Police contact numbers

Emergency: 999

Non Emergency 101

Bishops Castle voicemail: 01743 264777

(Not to be used for reporting crime, incidents or emergencies)

Crime stoppers: **0800 555 111**

Web site: [www.westmercia.police.uk](http://www.westmercia.police.uk)

Twitter: **@SouthShropCops**

Facebook: **Bishops Castle Policing Team Rural Watch**

**Contact Email address:**

**bccar.snt@westmercia.pnn.police.uk**

# Bishop's Castle Twinning Committee organised a return trip to visit our Twin Town St Marcel, Normandy, France 11th – 15th April

On Thursday 10th April 9 intrepid travellers left Bishop's Castle, at what felt, in the dead of the night. Others, more sensible travelled by car so 13 in total made the trip.

A minibus was hired, but the driver (Gwilym 'Town Clerk' Rippon) was an unknown quantity, so it was with fingers crossed we set out. Apart from a couple of wrong turns (blame the Sat Nav not the driver) we made it there and back without incident.



Our hosts could not have done more for our visit, first there was the meet and greet. After our 14 hour journey, a lavish feast had been laid before us and the wine did flow!



The next day we went on a trip and a picnic to Dieppe, what a very poignant reminder of those who lost their lives in the run up to D Day.

The following evening the group were

treated to a meal and an evening of magic and dancing, when in France what did we have but a Spanish theme with Sangria and Paella! We were fortunate to meet a lovely group of



German people who joined us from the Town in Germany also twinned with St Marcel. A good night was had by all.



The next morning we all met with the Mayor at the Town Hall for a formal meeting regarding the Twinning. We exchanged ideas for future visits in particular to involve young people. For example, we are currently pursuing the idea to have an exchange between our Karate clubs. This was followed by an afternoon at the beautiful Chateau Bizy



Sunday morning was taken up with an organised 10K run or 5K walk. Our teams from all three countries joined in together to do this. For our part in the race we were presented with a cup, when we say a cup it puts the champion league trophy to shame. The cup will be on display for all to see at the Town Hall.



Sunday night we had dinner organised by the Mayor. During the speeches, yes there were speeches, gifts 'Normandie' based were presented to the 'visitors' which will be treasured. Our twinning Committee

presented a beautiful ceramic plaque (locally made) of our Town Hall, which now sits in pride of place in the Town hall in St Marcel. The evening went well, food, wine and conversation were all three in abundance.



The next morning it was a change to the scheduled start time, the minibus needed filling with fuel for the return trip, but more important the empty area which was not taken up with bags needed filling with wine to keep the minibus balanced on the way home.

The sound of clinking bottles going over a sharp pothole was enough to keep the driver awake on the long journey home.

All of our group found the trip very pleasurable and interesting and our French hosts worked so hard to make us welcome and entertained. They are so keen to work together on an exchange of young people and help our future generations.

If you have enjoyed this story and would like to be involved with our Twinning Association please contact our Chair Sue Sailsbury we are always glad to welcome new members into the group, and need new ideas for ourselves and our Twinned town to work together on in the future.

Telephone 01588 620394 or e mail [info@bishopscaletownhall.co.uk](mailto:info@bishopscaletownhall.co.uk)

## Affordable homes for Bishop's Castle

Connexus, the housing association covering Shropshire & Herefordshire, approached the council with a plan to build 24 affordable houses

off Oak Meadow, this will be known as **Ox Leasow**. The mix of these houses will be 12 shared ownership, anyone wishing this form of affordable home is to contact Connexus ([www.shropshirehousing.org.uk](http://www.shropshirehousing.org.uk)) and 12 houses for rent, anyone wishing this form of affordable



home should register on the Homepoint website ([www.shropshirehomepoint.co.uk](http://www.shropshirehomepoint.co.uk)). There will be leaflets explaining all on site at the development

These affordable houses is to meet the needs of local people. This development hopefully will have started (27<sup>th</sup> May 2019) when this newsletter will be published.



The makeup of the 24 dwellings is as below

4 x 1 bedroom bungalows

6 x 2 bedroom houses

2 x 3 bedroom houses

4 x 2 bedroom houses (affordable home ownership)

8 x 3 bedroom houses (affordable home ownership)

A community group was set up to work with the housing association to influence the design and layout of the site and the house design.

The council supported planning application for the houses which was approved by Shropshire Council. The main opposition to the development was concerns about the increase in traffic on Kerry Lane.

Dyslexia Tutor

[www.dyslexiahelp4u.o.uk](http://www.dyslexiahelp4u.o.uk)

e-mail: [pippa@dyslexiahelp4u.co.uk](mailto:pippa@dyslexiahelp4u.co.uk)

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If you would like to advertise in this news letter please contact the Town Clerk on: -

Tel 01588 638141

email: [townclerk@bishopscastl](mailto:townclerk@bishopscastl)



~ Serenity ~

## Sports & Holistic Massage Therapies

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\*

Jonathan Middlemiss

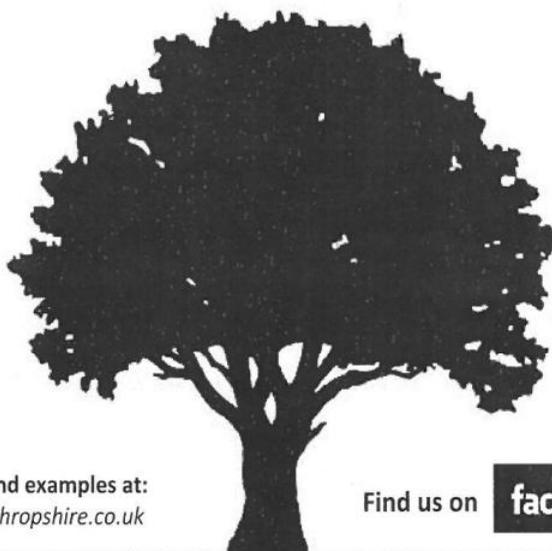
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Artist. University Art lecturer, pottery/painting tutor. M.I.A.C.  
[info@middlemissart.com](mailto:info@middlemissart.com)

(for more details. Please include some info on your interest?)

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**NO JOB IS TOO BIG OR SMALL**

Please call for an obligation free quote

## Venue Hire

We have 2 rooms for hire.

The Market Hall (pictured overleaf), and The Council Chamber upstairs with it's original historical features. Both rooms have beautiful views across the town. The fees below are per room.

### Catering Facilities:

A fully equipped kitchen is available for hire for an extra £50. It has a fridge, cooker, microwave, crockery, glasses and cutlery. In addition we also have drink pods and washing up facilities on each floor. The general use of crockery and cutlery is included in the hire fees.

However there is a £20 charge for the use of glasses & vintage china.

To cover breakages we ask for a refundable deposit of £50 in addition to the kitchen hire fee.

## Venue Hire Fees: Weekday - Day time

General rate: £10 per hour up to 6 hours

Full day up to 8 hours £75

Community rate (voluntary

organisations & charities): £8.50 per hour up to 6 hours

Full day up to 8 hours £65

## Evening and Weekend

General rate: £15 per hour up to 6 hours

Full day up to 8 hours £110

Weekend Hire: Saturday 8am – Sunday 10pm £300

Community rate (voluntary

organisations & charities): £10 per hour up to 6 hours

Full day up to 8 hours £75

Weekend Hire Saturday 8am – Sunday 10pm £200

## **Music Concerts**

£125 - inclusive of 6 hours hire, ticket sales on our Ticket Source, distribution of publicity via posters, press and social media and Town Hall bar.

## **TV Advertising**

Hire 2 screens on our TV to advertise your business.

£5 per month or save £10 and hire the screen for £50 per year.

£50 for 12 months

## **The Town Hall is also licenced for Weddings and Civil Partnerships.**

If you are interested in having your wedding here please contact us for our Wedding Brochure and hire fees.

The Hall can also be hired for other ceremonies, for example; a baby's naming ceremony or a private party.

For special occasions the entire hall can be hired - rates are negotiable, please enquire.

## **Showcase your products on a shelf in one of our beautiful oak cabinets.**

25% commission on all sales

## **Markets - Stall Hire**

If you are interested in having a stall at one of our produce or specialist markets please contact us for our Markets Leaflet and stall fees.

### **Cut off dates for the News letter**

If you wish any article to appear in the Newsletter these are the cut off dates for the inclusion in the following month's Newsletter.

12th July 2019

12th September 2019

## Are you planning to get married?

Then why not hold your ceremony at Bishop's Castle's historic and beautiful Town Hall?

With spectacular views of the town and countryside your guests will enjoy the sense of occasion that 250 years of history impart. There is a choice of two spaces for your ceremony: the Council Chamber with oak dais and elegant Georgian décor, or the light and airy Market Hall with arresting views through seven arched windows.

This lovely, 18th century, Grade 11 \* listed building is suited to intimate occasions for up to 50 guests in the Council Chamber and 80 guests seated in the Market Hall. Facilities are also available for the use of outside caterers, with the option to hire the whole building if you wish.

Our experienced staff are always complimented afterwards by happy couples and their guests. Access is easy for decorating the venue in advance. The hallmark of our events is relaxation and enjoyment, with couples bringing in family and friends to create exactly the setting they want for their special day.

Bride's family said "Brilliant wedding, what an excellent facility, beautifully done"

Our rates vary according to your precise requirements – so this venue needn't break your budget – why not give us a ring and speak to Julie or Sue – you can be sure of a warm welcome.

[info@bishopscastletownhall.co.uk](mailto:info@bishopscastletownhall.co.uk) or

telephone 01588 630 023



## Listings for June and July 2019

1st to 29th June

Jane Farrington Art Exhibition

Behind The Curtain Presents...

Unusual Art works by Jane Farrington. Jane Farrington explores The Magical World of Theatre to create imagery using interesting combinations of Mixed Media, Drawing and Collage.

1st June

Antiques and Flea Market. 9am to 4pm

First Saturday of the month. Lift available.  
Free entry. Tel: 01588 630023

15th June

Farmer's Market. 9am to 1pm

15th

June valley jazz

Tori Freestone Tori – Clun Valley Jazz

Tickets £15 available from the Town Hall on  
01588 630023 or

<https://www.ticketsource.co.uk>

Bar available

JULY

6th July to 3rd Aug Diana Nuttall Exhibition

A Miscellany of Acrylics"

Local landscapes, Treescapes, Iceland and Venice scenes but in a unique style of bold colour, humour or a twist. Prints, cards and more for sale.

6th July

Antiques and Flea Market. 9am to 4pm

First Saturday of the month. Lift available. Free entry. Tel: 01588 630023

- 13th July Beer Festival – Beer and Cider for sale all day at the Town Hall
- 20th July Farmer's Market. 9am to 1pm
- 28th July El Deseo Quartett  
 A French band formed in 2010. Marie-Emilie Gauffre (flute and vocals), H el ene Colin (flute and vocals), Fabien Vinues (flute and vocals) and Bertrand Gibert (guitar) will enchant you with stunning vocals and instrumentals, inspired by jazz and world music.

Over the past number of weeks the area outside the Town Hall has been used for unauthorised parking This is the property of the Town Hall and may only be used by people using the Town Hall.

It is respectfully requested that ,you do NOT park in this area as it may at any time be used to gain access to the lift

### ANNUAL GENERAL MEETING OF THE COMMUNITY LAND TRUST

Will be held on Thursday the 20th of June, at 7pm in the Three Tuns. The Methodist Church project will be discussed, and the Board is seeking new members interested in serving the Trust, able to commit to regular attendance at the Board meetings.

For more information please contact Jonathan Brown on 07497142 485, or email [jonathan.starfish@hotmail.com](mailto:jonathan.starfish@hotmail.com)

### Bishop's Castle drum and bugle band

We need some help! We need to keep this tradition going– No many places hve a town band! We can give full training on either drum or bugle. Did you know some of the tunes are unique to Bishop's Castle. Only 2 parades a year—not a lot of your time required all ages considered contact

Stuart Phillips 07811113027 or Bernard Edwards 07774562496

**Saturday 15th June 2019**

**The Three Tuns  
Bishop`s Castle**



**7.30pm Tickets £8**

**available in Bishop`s Castle  
from Gwythers, Drovers Travel  
and Art & Artisan Books**

**Lydbury North Shop & Richard`s in Clun  
Or by calling 07553 010 196**

**In aid of Bishop`s Castle Railway Weighbridge Restoration**

New local charity offers free one-to-one help for those who struggle with reading

Last year an article ran in the Bishops Castle Town Newsletter appealing for volunteers to get involved in setting up a local branch of Read Easy and help adults who struggle with reading. We received a great response from local people and organisations and since then have trained a group of volunteer reading coaches and have started our first coaching sessions with new readers.

Do you know someone who would like to improve their reading skills?

It's taken for granted that we all learned to read and write at school, and that we all have the same reading ability. However, many thousands of adults missed out on the opportunity to learn to read at the time when the basic foundations of this skill are acquired. In fact, research shows that over 7% of adults have never learned to read.

Just imagine how your life would be if you couldn't read forms or letters, follow medicine instructions, or read a new recipe?

It's never too late to learn

Read Easy Shropshire Hills provides free one-to-one coaching for adults in South Shropshire and the Welsh Borders who struggle with reading.

They understand that many people will want to learn to read but feel too embarrassed to seek help, especially if it brings back memories of their childhood classroom experiences, which is why their coaching service has been designed to help new readers feel as comfortable as possible about taking the brave step to learn to read.

Read Easy matches up a new reader with a trained reading coach to help them work together through reading manuals, at a quiet private location, at a time to suit them both. It's as easy as that!

Reading sessions last half an hour, twice a week. Some people complete the course in as little as a year, while others can take more than two years. What's important is that everyone can learn at their own pace without feeling rushed. There's no pressure, and no targets or exams to worry about.

## Learning to read transforms people's lives

Through learning to read people grow enormously in confidence, self-esteem and independence as well as being able to navigate through the world of the written word.

Here's an extract from a letter Steve sent to Read Easy about his experience:

'It has changed the way I do things, my life. It's given me the courage to go out and do different things, not just reading and writing but going out on my own and mixing with the public.

Five or six months ago I would never have done the things I've done, like joining the library, reading newspapers, going on public transport and going to coffee shops and the supermarket.'

### How to get in touch

Read Easy Shropshire Hills covers the Bishops Castle area, so if you would like to find out more, or you know someone who would like to learn to read contact Annabel Stacey on 07960 865564 or email her at [shropshirehills@readeasy.org.uk](mailto:shropshirehills@readeasy.org.uk).

[www.readeasy.org.uk](http://www.readeasy.org.uk)





STONE HOUSE  
Union Street  
Bishops Castle  
SY9 5AJ

We offer Residential and EMI Care, day care places available on a Tuesday in our day centre which offers activities & both assisted and un-assisted baths.

We also offer respite beds when available.

For more information:

Contact Keturah Bloor

Telephone- 01588 638487

Email – [kbloor@coveragecareservices.co.uk](mailto:kbloor@coveragecareservices.co.uk)

### Dates for Council meetings

The Council meets on the third Tuesday of each month

2019

Tuesday 18<sup>th</sup> July

Tuesday 16<sup>th</sup> July

Tuesday 20<sup>th</sup> August

Tuesday 17<sup>th</sup> October

Tuesday 19<sup>th</sup> November

17<sup>th</sup> December

## How to contact your

### **Councillor Keith Bance**

Tel: 01588 638455

Email: [bance74@googlemail.com](mailto:bance74@googlemail.com)

### **Councillor Jane Carroll**

Tel: 01588 638467

Email: [jane.carrol@gmail.com](mailto:jane.carrol@gmail.com)

### **Councillor Ruth Houghton**

Tel: 01588 638352

Email: [Hough-ton.ruth@btinternet.com](mailto:Hough-ton.ruth@btinternet.com)

### **Councillor Julie Magill**

Tel: 01588 638305

Email: [julie.magill@outlook.com](mailto:julie.magill@outlook.com)

If anyone wishes to be a councillor please contact the clerk on 01588 638141

## Town Councillors:

### **Councillor Grant Perry**

Tel: 01588 638233

Email: [grantperry24@icloud.com](mailto:grantperry24@icloud.com)

### **Councillor Steve Whittingham**

Tel: 01588 638954

Email: [thehappybap@yahoo.co.uk](mailto:thehappybap@yahoo.co.uk)

*Town Clerk: 01588 638141*

*[townclerk@bishopscastle.co.uk](mailto:townclerk@bishopscastle.co.uk)*

*Monday to Thursday 9.30am—  
12.30pm*

*For allotment enquiries please contact: assistantclerk@bishopscastletowncouncil.gov.uk*

## **Jilly Evans - Heather**

**A.C.O.H., A.R.T., S.P.D.A., Bowtech, N.S.T.**

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June 2019

Thursday 6th June 7pm

FILM Fundraiser: Swimming with Men(12A)

A group of stuck-in-a-rut guys find camaraderie through synchronized swimming. They may be a bit paunchy, but they're determined to prove they have what it takes to be a whirling, scissor-kicking aquatic dream team. Usual Bar+ yummy things to eat!  
FREE- Donations to Sparc

Tuesday 11th June 2pm

Afternoon Film: Some Like It Hot (PG)

Classic movie in which Tony Curtis and Jack Lemmon, disguise themselves as women, to escape the mafia- they join an all-female jazz band and hop a train where they meet Sugar (Marilyn Monroe),

Accessible Cabaret seating/no steps/ hearing loop/ tea and biscuits £1/local Free Bus available

Supported by the Friends of Bishop's Castle Community, Care Home and Hospital.

All Tickets £3 Accompanying Carers FREE

Thursday 20th June 7pm

FILM: Green Book(15)

A world-class African-American pianist, embarking on a concert tour in the Deep South in 1962 needs a driver and protection. He recruits a tough-talking bouncer from an Italian-American neighbourhood in the Bronx. Despite their differences, the two men develop an unexpected bond in an era of segregation.  
Oscar winner

Adults £5 Under 18's £4

Sunday 16th June 2pm

Royal Ballet: Romeo and Juliet

Since its 1965 premiere Kenneth MacMillan's production of Shakespeare has become a ballet classic. The choreography captures the emotions of the young couple as they fall in love, All to the tremendous Music of Sergei Prokofiev.

Adults £13 Under 18's £8

Thursday 27th June 7pm

NT LIVE: Small Island

Andrea Levy's Prize-winning novel comes to life in an epic new theatre adaptation. A journey from Jamaica to Britain, through the Second World War to 1948 – the year the HMT Empire Windrush docked at Tilbury. Hope and humanity meet stubborn reality .

Adults £12 Under 18's £8

Friday 28th June 7.30pm

LIVE MUSIC: Cup O' Joe

"Even though they are still in their teens, their musical skills and prowess will make even the most seasoned musician take notice. "

Rising stars of the international bluegrass scene and BBC Young Folk Award nominees. This Northern Ireland based trio is a fusion of hard driving Bluegrass with a mix of gypsy Jazz, Old Time, and Swing.

"Gorgeous blend of gentle bluegrass pickin', beautiful folk melodies and mellow harmonies "

– Americana UK

Adults £11 Under 18's £6

The Importance of Being Earnest

Thursday 11th July 7pm

A new production of one of the funniest plays in English, recorded live from the Vaudeville Theatre in London. Wilde's much-loved masterpiece throws love, logic and language into the air to make one of theatre's most dazzling firework displays.

'comic masterpiece' (Guardian)

Adults £13 Under 18's £8

Tuesday 16th July 2pm

Afternoon Film: Waking Ned Devine

Comedy - Friends discover someone in their Irish village has won the lottery, they set off to see if the winner wants to share. Only to find him dead from shock. So, the townsfolk band together to trick the claim inspector, and split the cash.

Accessible Cabaret seating/no steps/ hearing loop/ tea and biscuits  
£1/local Free Bus available

Supported by the Friends of Bishop's Castle Community, Care Home and Hospital.

All Tickets £3 Accompanying Carers FREE

Sunday 28th July 3pm

Andre Rieu's 2019 Maastricht Concert- 'Shall We Dance'

Andre's annual hometown concerts attract fans from all corners of the globe and are always filled with humour, fun and emotion for all ages – and, of course, magnificent music. Summer nights are made for dancing and this is a party you do not want to miss!

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**Bus timetable for bus routes 552 / 553 Bishop's Castle to Shrewsbury**

**Monday to Friday times (school days)**

**Saturday**

	Leaves		Arrives		Leaves		Arrives	
Bishop's Castle opposite the Boar's Head all go via the Hospital	7.30		8.30		7.30		8.30	
	9.40`		10.40		9.30		10.30	
	12.20		13.20		12.15		13.15	
	13.30		14.30		16.00		17.00	
	15.40		16.40					
Shrewsbury Stand N  all go via the Hospital	7.35		8.35		8.00		9.00	
	10.05		11.05		10.00		11.00	
	12.00		13.00		14.45		15.45	
	14.00		15.00		17.40		18.40	
	16.25		17.25					
	17.40		18.40					

**Bus timetable for bus route 745 Bishop's Castle to Ludlow**

Monday and Friday  
only

	Leaves		Arrives		Leaves		Arrives	
					Ludlow			
Bishop's Castle opposite the Boar's Head	9.15		10.25		13.15		14.25	

**Bus timetable for bus route Bishop's Castle to Newtown**

Tuesday only

	Leaves		Arrives		Leaves		Arrives	
Bishop's Castle opposite the Boar's Head	10.00		11.00		13.55		14.45	

**M & J**

**M & J** Bus time table for bus route Bishop's Castle to Telford

	Leaves		Arrives		Leaves		Arrives	
Tuesday fortnightly only Bishop's Castle opposite the Boar's Head	09.00		10.36		13.40		15.08	
			Bus stn		Bus stn			

# Teme Sparc Swimming Timetable

## Teme Sparc

Accurate as of 31/01/2019

(31-01-2019 - 06-02-2019)



Day	Time	Session	Facility
Thu	16:00 - 18:00	Aquastar Swimming Lessons	Main Pool
Thu	18:00 - 19:00	Aquafit	Main Pool
Thu	19:00 - 21:00	Public Session 1 Lane	Main Pool
Fri	07:00 - 10:00	Adult Lanes	Main Pool
Fri	10:00 - 11:00	Available to Hire	Main Pool
Sun	09:00 - 10:00	Adult Lanes	Main Pool
Sun	10:00 - 11:00	Public Swim	Main Pool
Sun	11:00 - 12:00	Family Fun	Main Pool
Mon	16:00 - 18:00	Aquastar Swimming Lessons	Main Pool
Mon	18:00 - 19:00	Aquafit	Main Pool
Mon	19:00 - 21:00	Adult Lanes	Main Pool
Tue	07:00 - 10:00	Adult Lanes	Main Pool
Tue	10:00 - 11:00	Parent & Toddler Sessions	Main Pool
Tue	11:00 - 16:00	Closed	Main Pool
Tue	16:00 - 19:00	Aquastar Swimming Lessons	Main Pool
Tue	19:00 - 21:00	Adult Lanes	Main Pool
Wed	16:00 - 18:00	Aquastar Swimming Lessons	Main Pool
Wed	18:00 - 19:00	Family Fun	Main Pool
Wed	19:00 - 21:00	Public Session 1 Lane	Main Pool

**MONDAY**

Time	Class	Instructor
5.00 - 5.50pm	Fitness Pilates	Lucy
6.00 - 6.50pm	Kettlebells	Dan
6.00 - 6.45pm	Aqua Aerobics	Lucy
7.00 - 7.45pm	Studio Cycling	Dan
7.00 - 7.30pm	On The Ball	Lucy
7.30 - 8.00pm	H I I T	Lucy
8.00 - 8.45pm	Strength H I I T	Dan

**TUESDAY**

Time	Class	Instructor
9.20 - 10.10am	Aerobics & Tone	Lucy
10.20 - 11.10am	Fitness Pilates	Lucy
6.00 - 6.45pm	Studio Cycling	Lucy
6.00 - 6.50pm	Circuits	Dan
7.00 - 7.50pm	Fitness Pilates	Lucy
7.00 - 7.30pm	Stretch and recovery	Dan
7.30 - 8.00pm	Metafit	Dan

**WEDNESDAY**

Time	Class	Instructor
6.00 - 6.50pm	Body Shock	Lucy
7.00 - 7.50pm	Fitness Pilates	Lucy
8.00 - 8.50pm	3 in 1	Lucy

**THURSDAY**

Time	Class	Instructor
6.00 - 6.45pm	Aqua	Zana
6.00 - 6.45pm	Studio Cycling	Dan
7.00 - 7.30pm	Muscular Strength	Dan
7.30 - 8.00pm	Stretch & Relief	Dan
8.00 - 8.50pm	Strength H I I T	Dan

**FRIDAY**

Time	Class	Instructor
9.20 - 10.10am	Cardio & Swiss Ball Blast	Lucy
10.20 - 11.10am	Fitness Pilates	Lucy

**ADVANCE BOOKING RECOMMENDED**

Booking available online via our App or website.  
 Class descriptions can be found on our website and App

[www.teme-leisure.co.uk](http://www.teme-leisure.co.uk)

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