



BISHOP'S CASTLE NEWS



OCTOBER
To
NOVEMBER
Issue 60



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THE LAST RAILWAY BUILDING IN BISHOP'S CASTLE NEEDS SAVING **NOW**

Bishop's Castle Railway Society



From this in 1955

to

this in 2017

We've applied to the Heritage Lottery Fund for funding to restore the fabric of the building but to safeguard its future, it needs to be sustainable. We see a role for the building as a community exhibition space, as a meeting venue for local groups and as interpretation centre explaining the role of the railway in the history of the town. To do this we want to install electricity, mains water and drainage and provide an accessible toilet.

HLF funds won't cover all this. Volunteering is already making a significant contribution and the Railway Society has agreed to make a substantial sum available but we'll need more to realise the dream.

We want to raise at least £10,000 so we're asking now if you would consider making a donation towards the successful completion of this project.

Everything we receive will be ring-fenced and, in the event of the project not proceeding, can be returned to donors.

Please send cheques made to B.C.R.S. Co Ltd. Ref: Weighbridge
To Peter Mills, Low Water, Riverside Drive, Clun, SY7 8LL.

BACS PAYMENTS to HSBC A/c 01229877 Sort Code 40-12-02 ref: Weighbridge

For more information, please contact John Rimmer
Tel 01588 638998 Email info@bcrailway.co.uk

KFA Karate (self defence)

Are you interested in Karate?

Classes will be starting at SpArC on 1st October from the 6pm—7pm . The first two lessons are free. Cost of classes will £5.00 for Chikdren and £6.00 for adults

Please contact Sensei Tony Baker
Jeremy Hall 07908730878

Plea from The Town Council

There have been incidents recently, where glass bottles have been smashed on the playing fields, as you can appreciate this can cause serious injury to users of the playing fields.

There have also been occasions where irresponsible dog owners have not cleared up after their dogs. This too also could cause infections and the loss of sight.

Please can you clean up after your dogs.



BISHOP'S CASTLE

TOWN COUNCIL

Full Council meetings take place usually on the 3rd Tuesday of each month:
Tuesday 16th October 18
Tuesday 20th November 18
Tuesday 18th December 18

All meetings are held in the Town Hall and commence at 7.30pm. Members of the public are most welcome to attend.

There is a specific point in each agenda that members of the public may speak. Should you have an issue you would like to bring to the Council's attention or something you would like to discuss, please let the Clerk know beforehand that you would like to speak and the subject matter so that we can prepare.

**WE WOULD LIKE TO HEAR
FROM YOU!**

Phone: 01588 638141 or

email:

bishopscastlenewsletter@gmail.com

Cut off dates for the News letter

If you wish any article to appear in the Newsletter these are the cut off dates for the inclusion in the following month's Newsletter.

10th November 2018

11th January 2019

15th March 2019

13th May 2019



Serenity

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Team/Individual Event Attendance

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for more information**

Independent Provident Society No. 27255R

TSA Regulator of Social Housing No. H4156



Friends of Bishop Castle Community, Care Home and Hospital

Registered Charity No. 1005980

JOIN US NOW AND SUPPORT YOUR COMMUNITY

**We warmly invite you to become a member of the Friends and help to promote
the health, safety and well being of people within our community whether at
home, in Stone House Care Home or in the Community Hospital.**

To become a member we ask for an annual donation of £5.

All donations to be sent, with name and address to Membership Secretary

Mrs Joan Grant, 4 Clive House, Bishop's Castle, SY9 5AZ

West Mercia Police

BISHOP CASTLE & RURAL Safer Neighbourhood Team

Newsletter

Where we work

BISHOPS CASTLE & RURAL SNT is based at Bishops Castle Police Station, Union St, Bishops Castle, SY9 5AJ. We work around the Parishes and area's of Bishops Castle, Mainstone, Colebatch, Clun, Llanfairwaterdine, Newcastle, Stowe, Bucknell, Bedstone, Hopton Castle, Clungunford, Aston on Clun, Hopesay, Clunbury, Edgton, Wistanstow, Lydbury North, Lydham, More, Norbury, Wentnor, Ratlinghope, Stiperstones, Worthen & Chirbury.

Your Safer Neighbourhood Team are:

PC 3331 Stuart Coote

PCSO 6160 Shaun Culliss

Police contact numbers

Emergency: 999

Non Emergency 101

Bishops Castle voicemail: 01743 264777

(Not to be used for reporting crime, incidents or emergencies)

Crime stoppers: **0800 555 111**

Web site: www.westmercia.police.uk

Twitter: **@SouthShropCops**

Facebook: **Bishops Castle Policing Team Rural Watch**

Contact Email address:

bccar.snt@westmercia.pnn.police.uk

INPUT FROM BC COMMUNITY PARTNERSHIP FOR THE BC TOWN NEWSLETTER

Fight The Plastic has had a very busy and successful few months, but with much more to be done. The Shoppers' Survey was completed by 143 respondents, thanks to the Co-op shop and Harvest Wholefoods for being distribution/collection points, and the College returned 140 student surveys. There was an overwhelming positivity in people's desire to see a reduction in unnecessary and excessive plastic packaging and all plastics being recycled by Veolia. The results will soon be on our website www.fighttheplastic.co.uk

The 'Refill' app now has 16 local traders and means visitors should have no problem getting their bottles refilled, saving plastic. (Only 17 are found in Shrewsbury!)

Our main targets now are Action Days on 5th and 6th of October, involving students and the public with displays and activities and a major, online fund-raising effort via Crowdfunder to pay for a P/T coordinator for a year to run the campaign, increase its scope and move the town towards Plastic-Free Community status. Find us on <https://www.facebook.com/Fight-The-Plastic>

Life on the Edge. The first planting of wildflowers on the Bishop's Castle A489 junction has just taken place. It's been marked with notices asking Shropshire Council not to cut the grass. The plants include: Birdsfoot Trefoil, Common knapweed, Sneezewort, Agrimony, Musk Mallow, Cowslip, Betony, Primrose, Meadow Vetchling, Bush Vetch and Yellow Rattle.



Shropshire Maternity Mental Health Provision one of lowest in country

The Maternal Mental Health Alliance has published data that shows that the level of specialist support given to Shropshire women and their families is “extremely basic” and “falls short of national standards”.

Over half of new mothers are concerned about their mental health and as many as 1 in 5 pregnant women and new mums experience some form of mental health challenge. Men can also be affected, the National Childbirth Trust research shows that 1 in 3 new dads are concerned about their mental health and 1 in 10 dads suffer from Post Natal Depression.

Healthwatch Shropshire want to hear how families have managed their mental health problems with the current provision and what improvements would have made the difference to them.

NHS England have announced that they will increase spending on maternal mental health support from 2019 which should hopefully mean a better level of support locally. This is a real opportunity for parents to share their experiences and use them to help develop a service which truly meets the needs of local families. By sharing your story you can help organisations providing care to learn as well as design services which will benefit everyone.

You can help by sharing your experience or encouraging anyone you know who might be affected to take five minutes to share their story. All information will be treated confidentially and shared anonymously. You can contact Healthwatch Shropshire on 01743 237884 or email enquiries@healthwatchshropshire.co.uk

EVENING & WEEKEND

General Rate:

£15 per hour up to 6 hours

Full day up to 8 hours £110

Weekend Hire: Saturday am - Sunday pm £300

Community Rate:

£10 per hour up to 6 hours

Full day up to 8 hours £75

Weekend Hire: Saturday am - Sunday pm £200

MUSIC CONCERTS

£ 100 - inclusive of 6 hours hire, ticket sales on our Ticket Source, distribution of publicity via posters, press and social media and Town Hall bar.

TV ADVERTISING

Hire 2 screens on our TV to advertise your business.

£5 per month or save £10 and hire for a year for £50!

SHELF HIRE

Showcase your products on a shelf in one of our oak cabinets.

or on one of our tables

25% commission on all sales

MARKETS - STALL HIRE

If you are interested in having a stall at one of our produce or specialist markets please contact us for our

Market leaflet and stall fees.

Contact us:

Bishop's Castle Town Hall

High Street

Bishop's Castle, SY9 5BG

Telephone: 01588 630023

Email: info@bishopscastletownhall.co.uk



OCTOBER

- 5th OCT Simon Kempston Concert 7.30pm
 'One of Scotland's very best singer-
 songwriters' – Sunday Herald
 'Stunning talent' – STV 'Beautiful tunes,
 infinitely talented' – BBC Radio 3
 Tickets £10 available from the Town
 Hall on 01588 630023 or on the door or
 www.ticketsource.co.uk
- 6th Oct Antiques & Flea Market. 9am until 4pm.
 First Saturday of every month. Lift
 available. Free entry. Tel: 01588 630023
- 12th Oct Storytelling with Gorg Kumar Chand 8pm
 Pride, Power and Prayer. Can a prideful
 King become the mightiest of all the
 Brahma Rishis? Can a God be punished
 by a Sage he has wronged? How can an
 illiterate bandit write the epic
 Ramayana? The answer lies in – Pride,
 Power and Prayer.
 Tickets £7 available from the town hall on
 01588 630023 or www.ticketsource.co.uk
 Doors open a 7.30pm. Beer, tea and
 homemade cake available

- 20th Oct Farmer's Market 9am to 1pm
- This ever popular Farmers Market is held on the third Saturday of each month. Stalls include Baconry, Cakes, Bread, Fruit & Veg. and even Goat's Milk Soap all produced locally.
- 20th Oct to 17th Nov Young Persons Art Exhibition
Bishop's Castle Town Hall Trust
Invites entries to the 2018 Young People's Art Exhibition
'Battle's over'
- The theme and date have been chosen this year to coincide with the nationwide events to commemorate the sacrifice of millions of men and women from around the world 1914-1918. Entries in any medium to the Town Hall by October 15th
- 20th Oct to 17th Nov Exhibition to Commemorate the Centenary of the Armistice of 11th November 1918 By SWSHAS
- 20th Oct The Jerseys
Back by popular demand! Save the date..
- Another chance to hear the fabulous voices and moves of The Mode singing all the greatest hits of Frankie Valli and the Four Seasons.
- Tickets £17 available from the Town Hall on 01588 630023 or on the door or www.ticketsource.co.uk

26th and 27th Oct The Great Book Sale

November

1st Nov Gigspanner 8pm

Tickets £15 available from the Town Hall on
01588 630023 or on the door or
www.ticketsource.co.uk

3rd Nov Antiques & Flea Market. 9am until 4pm.

First Saturday of every month. Lift available.
Free entry. Tel: 01588 630023

9th Nov John Kirkpatrick Songs from The Trenches

Songs from the First and Second World Wars
In commemoration of the end of The Great
War 11-11-1918

International Artist John Kirkpatrick opens a
kit bag of songs from the two World Wars in
a programme that highlights two different
kinds of material. As you'd expect, there'll be
a fair old smattering of the popular hits of the
day And threaded through John will also
give an airing to some of the songs sung on
the Front Line by the service personnel
themselves – You'll hear how experiences
on the front were dealt with and described
with great directness, wit, robust humour,
and, occasionally, very fruity language!

Tickets £10 available from the Town Hall –
01588 630023 or on the door
www.ticketsource.co.uk Bar available.-

- 11th Nov Open Afternoon at The Town Hall – films, displays, memorabilia from WW1. Tea and cake. Free entry
- 16th Nov Storytelling with Cath Edwards and Suzanne Thomas- Corvid
- Unconsidered Trifles...
- Cath Edwards – A fascinating collection of little heard stories saved from obscurity.
- Suzanne Thomas-Corvid – To some a bad omen, to others a message from the Gods. Crow stories don't always end happily, or do they? Raven, Rook, Magpie, Jay and Jackdaw – their stories are as colourful and varied as the birds themselves. Doors open at 7.30pm Tickets £7 available from the town hall on 01588 630023 or www.ticketsource.co.uk
- Bar, tea and cake available.
- 17th Nov 'Satori' Clun Valley Jazz Concert 8pm £15
- Josephine Davies is a truly gifted saxophonist who possesses the art of the improviser. The album 'In the Corner of Clouds' will be released by Whirlwind Records on 9th Nov
- 24th Nov Ben Bowden - The Sounds of Simon 7.30
- Ben Bowden creates a stunning tribute to the legendary songs of Simon and Garfunkel Tickets £10 available from the Town Hall on 01588 630023 or on the door www.ticketsource.co.uk



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For more information:

Contact Keturah Bloor

Telephone- 01588 638487

Email – kbloor@coveragecareservices.co.uk

Dates for Council meetings

The Council meets on the third Tuesday of each month

Tuesday 21st August

Tuesday 18th September

Tuesday 16th October

Tuesday 2th November

Tuesday 18th December

2019

Tuesday 15th January

Tuesday 19th February

Tuesday 19th March

How to contact your

Councillor Keith Bance

Tel: 01588 638455

Email: bance74@googlemail.com

Councillor Jane Carroll

Tel: 01588 638467

Email: jane.carrol@gmail.com

Councillor Ruth Houghton

Tel: 01588 638352

Email: Hough-ton.ruth@btinternet.com

Councillor Julie Magill

Tel: 01588 638305

Email: julie.magill@outlook.com

If anyone wishes to be a councillor please contact the clerk on 01588 638141

7Town Councillors:

Councillor Grant Perry

Tel: 01588 638233

Email: grantperry24@icloud.com

Councillor Anne Roberts

Tel: 01588 630165

Email: anne.roberts@mac.com

Councillor Steve Whittingham

Tel: 01588 638954

Email: thehappybap@yahoo.co.uk

Town Clerk: 01588 638141

townclerk@bishopscastle.co.uk

*Monday to Thursday 9.30am—
12.30pm*

*For allotment enquiries please
contact:*

assistantclerk@bishopscastle.co.uk

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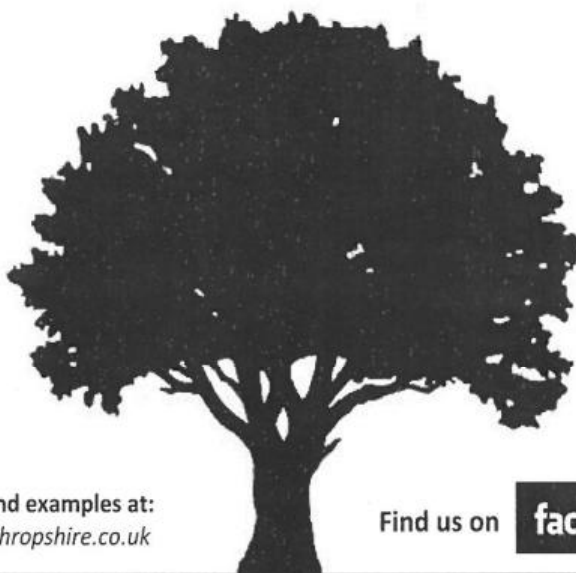


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October 2018

The Winter's Tale- Live from Shakespeare's Globe
October 4 @ 19:15pm - 22:15pm tickets £8—£12

The Winter's Tale is Shakespeare's great play of the irrational and inexplicable, illustrating how uncontrollable emotions can range across gender, country, class and age. Its universe is full of monsters, gods and natural disasters with a colossal sweep that takes audiences from the stifling atmosphere of the Sicilian court to the unbuttoned joy of a Bohemian festival. Directed by Blanche McIntyre, this new production staged at the beautiful and iconic Globe Theatre in London will be broadcast live to cinemas.

Afternoon Film : An American In Paris (PG)
October 9 @ 14:00pm - 16:00pm tickets £3

Classic 1951 film starring Gene Kelly as an American ex-GI who stays in post-war Paris to become a painter, Music and Dancing- they don't make them like this anymore!
Gerry Mulligan (Gene Kelly) is an American ex-GI who stays in post-war Paris to become a painter, and falls for the gamine charms of Lise Bouvier (Leslie Caron). However, his paintings come to the attention of Milo Roberts, a rich American heiress, who is interested in more than just art.

LIVE MUSIC: Bon Debarras- En Panne de Silence

October 12 @ 19:30pm - 21:30pm tickets £6—£12

The worlds of music, dance and poetry untied through a collaboration between Montreal artists The group brings together a fusion of Quebecois folk music, traditional step-dancing and global influences, for a show that is full of fun and inventive energy, in an atmosphere that transcends boundaries and ages. A welcome return- not to be Missed!

The Royal Ballet: Mayerling (Via Satellite)

October 21 @ 14:00pm - 17:15pm £8—£13

Mayerling is a classic of the Royal Ballet repertory, with its emotional depth, haunting imagery, and one of the most demanding roles ever created for a male dancer. Kenneth MacMillan choreographed a complex work around the psychologically tormented heir to the Habsburg Empire, Crown Prince Rudolf. From the ballet's start, the glamour of the Austro-Hungarian court is contrasted with undercurrents of sexual and political intrigue that drive the story to its violent climax in a double suicide.

FILM: War Horse (PG)

October 25 @ 06:30am - 21:00pm tickets £4—£5

Albert (Jeremy Irvine) and his beloved horse, Joey, live on a farm in the British countryside. At the outbreak of World War I, Albert and Joey are forcibly parted when Albert's father sells the horse to the British cavalry. Against the backdrop of the Great War, Joey begins an odyssey full of danger, joy and sorrow, and he transforms everyone he meets along the way. Meanwhile Albert, unable to forget his equine friend, searches the battlefields of France to find Joey and bring him home

Royal Opera House LIVE: Die Walkure (Wagner)

October 28 @ 17:00pm - 20:50pm ticket £8—£13

Broadcast Live via Satellite from Covent Garden

Wagner's Ring cycle is one of the greatest works of all opera. Keith Warner's production is conducted by Antonio Pappano, Music Director of The Royal Opera, and this final revival is cast with an outstanding international array of Wagnerian specialist singers. The full cycle's four operas journey from the beginning of a world to its destruction, with gods, heroes and monsters. This epic myth portrays every type of human emotion in music

November 2018

Allelujah!

November 1 @ 19:00pm - 22:00pm tickets £7—£11

Allelujah! by Alan Bennett Filmed live at London's Bridge Theatre during its limited run, don't miss this 'rousing chorus line for the NHS' (Observer) in your local cinema. The Beth, an old fashioned cradle-to-grave hospital serving a town on the edge of the Pennines, is threatened with closure as part of an efficiency drive.

Shane Shambu -Confessions of a Cockney temple Dancer

November 9 @ 19:30pm - 21:00pm tickets £5—£10

Confessions of a Cockney Temple Dancer, Shane performs his life experience of growing up in London using Indian dance with a twist of stand-up comedy. Shane shares his life experience of growing up in London, speaking two languages and living within the cultural mix of East Ham.

Afternoon Film: Churchill (PG)

November 20 @ 14:00pm - 15:50pm tickets £3

Tensions mount for beleaguered British Prime Minister Winston Churchill as D-Day nears in June 1944. Fearful of repeating past mistakes, Churchill is reluctant to embark on the large-scale campaign that the entire war effort hinges upon. Clashing with his political opponents, the troubled leader receives unwavering support from his devoted wife, Clementine. With strength and shrewdness, she tries to prevent his physical, mental and spiritual collapse while inspiring him to achieve greatness.

Ocean's 8 (12A)

November 22 @ 19:00pm - 20:50pm tickets £4—£5

Five years, eight months, 12 days and counting -- that's how long Debbie Ocean has been devising the biggest heist of her life. She knows what it's going to take -- a team of the best people in the field, starting with her partner-in-crime Lou Miller. Together, they recruit a crew of specialists, including jeweler Amita, street con Constance, suburban mom Tammy, hacker Nine Ball, and fashion designer Rose. Their target -- a necklace that's worth more than \$150 million....

LIVE MID WALES OPERA SmallStages 'L'heure espagnole' (Ravel)

November 29 @ 19:30pm - 21:30pm tickets £1—£12

SmallStages returns this autumn, bringing live opera to the heart of communities across Wales and the Borders with Ravel's exhilarating one-act clock shop comedy,

All about Osteoporosis

**Are you affected by osteoporosis or think you
maybe at risk?
If so please join us for this free information and
education event**

**Shropshire Council and the
National Osteoporosis Society**
Invite you to an information event on:

Date: Thursday 18th October 2018

Time: 10am—12.30pm (Registration from 9.30am)

Venue:

The Village Hall Norbury, Bishops Castle, SY9 5DX
(use SY9 5EA postcode for SAT NAV systems)

The Programme will include:

- An Overview of osteoporosis, risk factors, diagnosis, Supplements and treatments
- Lifestyle, Diet and exercise advice
- How to stay safe
- Information on what support is available from the National Osteoporosis society
- A chance to ask questions

Representatives will include: A consultant Geriatrician,
A specialist Nurse, Public Health Programme Lead and Local
Exercise Professional

BOOK YOUR PLACE

Book online via Event bright:

<https://shropshire-osteoporosis-information-event-tickets.eventbrite.com>

By contacting Katie Hall on: 07545 788 872

To book Dial-A-Ride via Adrian Varcoe

Telephone: 01588 638350 / Email: dial.a.ride@hotmail.co.uk
(between 9.30am and 12.30pm, at least 24 hours before you wish to travel)



Shropshire
together



MONDAY

Time	Class	Instructor
5.00 - 5.50pm	Fitness Pilates	Lucy
6.00 - 6.50pm	Kettlebells	Dan
6.00 - 6.45pm	Aqua Aerobics	Lucy
7.00 - 7.45pm	Studio Cycling	Dan
7.00 - 7.30pm	On The Ball	Lucy
7.30 - 8.00pm	H I I T	Lucy
8.00 - 8.45pm	Strength H I I T	Dan

TUESDAY

Time	Class	Instructor
9.20 - 10.10am	Aerobics & Tone	Lucy
10.20 - 11.10am	Fitness Pilates	Lucy
6.00 - 6.45pm	Studio Cycling	Lucy
6.00 - 6.50pm	Circuits	Dan
7.00 - 7.50pm	Fitness Pilates	Lucy
7.00 - 7.30pm	Stretch and recovery	Dan
7.30 - 8.00pm	Metafit	Dan

WEDNESDAY

Time	Class	Instructor
6.00 - 6.50pm	Body Shock	Lucy
7.00 - 7.50pm	Fitness Pilates	Lucy
8.00 - 8.50pm	3 in 1	Lucy

THURSDAY

Time	Class	Instructor
6.00 - 6.45pm	Aqua	Zana
6.00 - 6.45pm	Studio Cycling	Dan
7.00 - 7.30pm	Muscular Strength	Dan
7.30 - 8.00pm	Stretch & Relief	Dan
8.00 - 8.50pm	Strength H I I T	Dan

FRIDAY

Time	Class	Instructor
9.20 - 10.10am	Cardio & Swiss Ball Blast	Lucy
10.20 - 11.10am	Fitness Pilates	Lucy

ADVANCE BOOKING RECOMMENDED

Booking available online via our App or website.

Class descriptions can be found on our website and App

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