



BISHOP'S CASTLE NEWS



AUGUST
To
SEPTEMBER
ISSUE 59



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TOWN PLAN ARTICLES FOR BISHOP'S CASTLE

AUGUST NEWSLETTER

The new Bishop's Castle Community Partnership Charity [BCCP] has been formed to replace the Town Plan working group. As a formally constituted charity, with its own bank account, the BCCP will be able to seek funding for its many initiatives to benefit the community. It will continue to work closely with the Town Council, with representatives from the Town Council on the committee.

The BCCP is a small group of volunteers, and for it to be a success, we urgently need more people to help with the wide range of initiatives which are aimed at improving all aspects of life in Bishop's Castle. It isn't a heavy commitment, a few hours every month at most helping with interesting community projects. Please contact Keith Whiddon
keith.whiddon@btinternet.com 07971 661615

The Bishop's Castle Food Hub (sponsored by Lightfoot) has now brought together the Grange Road Housing Association, which runs the 'Meals on Wheels' and other events for the elderly, with the Bishop's Castle Co-operative shop, who are supplying them with their surplus food 3 days a week.

Most of you will have seen the Fight the Plastics board outside of the Co-operative shop. This group is carrying out a survey of retailers and shoppers to understand the issues about the use of plastics and to find solutions, such as local retailers offering to re-fill water bottles, forming a Buyer's Group for biodegradable packaging, etc. Interim survey results were presented to Philip Dunne at a meeting to discuss the issues and seek his support. A litter-picking day took place, with a collection to be displayed at Action Days planned for October.

We are grateful that the Community College and BC Co-op are closely involved with this project. Lightfoot has generously donated £100 towards the initiative. If anyone wishes to help with this project, please call Dave Luckhurst on 680250.

The verges at the BC A489 cross-roads have been raked clear of cut grass three times as part of the Life On the Edge initiative. Wild-flower plugs have been bought, to be potted-on before being planted out in the late summer. If anyone can help with the raking or planting-out, please contact Rob Rowe on 630648.

All about Woods A 'taster' session was held at the Community College in June for Years 7 & 8s for a programme of 8 sessions on managing woodlands to be carried out as part of the College's Enrichment activities. This project is being run by Lightfoot.

Clare Carter DC MMCA
McTimoney Chiropractor at Telford & Bishops Castle

Bishop's Castle Clinic

For more information or to book an appointment call 01584 874200

BISHOP'S CASTLE

TOWN COUNCIL

Full Council meetings take place usually on the 3rd Tuesday of each month:
Tuesday 21st August 18
Tuesday 18th Sep 18
Tuesday 16th October 18

All meetings are held in the Town Hall and commence at 7.30pm. Members of the public are most welcome to attend.

There is a specific point in each agenda that members of the public may speak. Should you have an issue you would like to bring to the Council's attention or something you would like to discuss, please let the Clerk know beforehand that you would like to speak and the subject matter so that we can prepare.

WE WOULD LIKE TO HEAR FROM YOU!

Phone: 01588 638141 or

email:

bishopscastlenewsletter@gmail.com

Cut off dates for the News letter

If you wish any article to appear in the Newsletter these are the cut off dates for the inclusion in the following month's Newsletter.

7th September 2018

10th November 2018

11th January 2019

15th March 2019

Read Easy UK

Most of us take reading for granted and don't give a second thought to what life would be like if we couldn't read. But some people live in a world where they can't read forms, medicine instructions, letters and emails, or stories to their children or grandchildren. In fact research shows that around 5% of adults in England and Wales can recognise just a few common words.

Read Easy was set up to specifically tackle this problem and has helped hundreds of people by providing free one-to-one coaching for any adult who struggles with reading.

We know there is a real need for a service like this in our area and have already received enquiries from two people who want to learn to read.

Our new group would cover Bishops Castle and it's surroundings to Bishops Castle and Knighton..

More information will be available shortly



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Friends of Bishop Castle Community, Care Home and Hospital

Registered Charity No. 1005980

JOIN US NOW AND SUPPORT YOUR COMMUNITY

**We warmly invite you to become a member of the Friends and help to promote
the health, safety and well being of people within our community whether at
home, in Stone House Care Home or in the Community Hospital.**

To become a member we ask for an annual donation of £5.

All donations to be sent, with name and address to Membership Secretary

Mrs Joan Grant, 4 Clive House, Bishop's Castle, SY9 5AZ

BISHOPS CASTLE ROUND AND ABOUT WALKS 2018

This year's Round and About walks took place on an ideally cool but sunny day, attracting nearly 200 people, much as usual. The extra-ordinary bit was the amount of money collected - recently confirmed as a record-breaking £19, 283!!!

Walkers pay for the pleasure, so are under no obligation to gain sponsorship, but each year a few people choose to do so. This year, sponsorship totalled £15,000 with two people collecting well over £1,000 each and the family and friends of one young man collecting some £11,000. In this case, 25 Londoners, mostly in their 20s, undertook the Scramble to Clun. They were not experienced walkers, and suffered more than their fair share of blisters, but met their target - a token of the supportive framework of the walk itself. They were also, although from a variety of very different backgrounds, new to Shropshire and overwhelmed by its beauty and friendliness. Several of them wanted to pay for sustenance donated to us.



Photograph of the Young family who are mentioned in the article

This amount of money has a serious positive impact on Bloodwise, the biggest blood cancer charity in the UK. In Birmingham alone, it has £16 million invested in 32 different research projects and clinical drug trials, which help speed up access to new treatments for patients with leukaemia, lymphoma and myeloma.

This is made possible through: the generosity of local firms - BC Co-op, Boars Head, Castle Hotel, Ganges, Happy Bap, Poppy House and Wenlock Water

the time and energy of some 50 volunteers who help, mostly on the day the support of those energetic people who actually do the walk.

The date for next year is Saturday May 11, starting at the Church Barn. Any new thoughts or offers of help are very welcome. Jean Shirley (jeanshirley@btinternet.com)

Young Sports Leaders complete a 2-day course at SpArC



The Save the SpArC campaign and charity have recently funded a 2-day level one course in Sports leadership for potential young sports leaders from Bishops Castle Community College, local sports clubs and Teme leisure.

The 2 day course attracted 19 applicants who all completed the course which finished last Saturday.

Jean Shirley, Chair of Trustees said “We are pleased to offer this training for local young people as they are our sports leaders for the future. Committing two days of their own time shows real enthusiasm by these young people to gain recognised sports qualifications which we hope will help them in their future careers as well as providing extra capacity at SpArC.”

Jean went on to say “we hope to follow up with a level 2 course in sports leadership, and also have First Aid training at level 2 on offer in the Autumn.”

Trustee Richard Whately added “these courses are a great resource for our local young sportsmen and women, many of whom are members of local football and cricket clubs. We hope to be able to offer them on a regular basis.”

For more information about training courses and holiday activities for young people please see the Save the SpArC facebook page or call into the SpArC Centre and pick up a flyer.

The photograph shows young sports leaders at the end of their 2 day training course with coach Benji Evans, centre.

For more information about the Save the SpArC campaign please see our savethesparc facebook page or visit our website www.savethesparc.org

Press Contact: Ruth Houghton 01588 638352 or 07773490773

EVENING & WEEKEND

General Rate:

£15 per hour up to 6 hours

Full day up to 8 hours £110

Weekend Hire: Saturday am - Sunday pm £300

Community Rate:

£10 per hour up to 6 hours

Full day up to 8 hours £75

Weekend Hire: Saturday am - Sunday pm £200

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£ 100 - inclusive of 6 hours hire, ticket sales on our Ticket Source, distribution of publicity via posters, press and social media and Town Hall bar.

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Listings for August and first week September 2018

AUGUST

4th Aug Antiques & Flea Market. 9am until 4pm.

First Saturday of every month. Lift available.
Free entry. Tel: 01588 630023

**6th to 8th Aug Art exhibition and Sale for
Bishop's Castle Church**

The late Bernard Harrison, a churchwarden at St John's Bishops Castle, was an accomplished artist, drawing inspiration from local views and buildings. His widow, Jill, has kindly donated 15 of his pictures to be sold in aid of the church. Works by a number of other well-known local artists including Joan Baker and the late Alison Peppe will also be exhibited for sale. On 8th Aug at 3pm David Preshous will auction the paintings

11th Aug to 8th September Art Cafe

18th Aug Farmer's Market 9am to 1pm

This ever popular Farmers Market is held on the third Saturday of each month. Stalls include Baconry, Cakes, Bread, Fruit & Veg. and even

SEPTEMBER

8th Sept Antiques & Flea Market. 9am until 4pm.

First Saturday of every month. Lift available. Free entry. Tel: 01588 630023

**8th Sept Julian Arguelles Jazz Concert
8pm**

The quartet is launching its next CD in a few weeks and this gig will be part of that promotion tour. Julian's quartet is an international renowned group. Julian Argüelles is one of Europe's most inventive saxophonists says John Fordham, The Guardian, October 2017.

Tickets £15 booked in advance from the Town Hall 01588 630023 or www.ticketsource (code to follow) £20 on the door.

Bar available.

14th Sept BLAST storytelling with Rachel Rose Reid

Silence.. In 1911 an ancient story was discovered, buried under letters from King Henry VIII. With Suffrage protests at their height, this feminist Arthurian tale was too hot to handle. So the manuscript itself was kept silent....until now.

A tale of naughty trysts and gender shifts,
chivalry and shade and ravenous Merlin in
search of juicy steak.

Doors open at 7.30pm. Tickets £7 available
from the town hall on 01588 630023 or
www.ticketsource.co.uk/date/488850

Beer, tea and homemade cake available.

15th Sept Farmer's Market 9am to 1pm

This ever popular Farmers Market is held on
the third Saturday of each month. Stalls in-
clude Baconry, Cakes, Bread, Fruit & Veg.
and even Goat's Milk Soap all produced lo-
cally.

15th Sept to 13th Oct Art Exhibition – Jo Haldon

22nd Sept Michaelmas Craft Fair 10am to Late

Lots of beautiful locally crafted goods.
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Contact Keturah Bloor

Telephone- 01588 638487

Email – kbloor@coveragecareservices.co.uk

Dates for Council meetings

The Council meets on the third Tuesday of each month

Tuesday 21st August

Tuesday 18th September

Tuesday 16th October

Tuesday 2th November

Tuesday 18th December

2019

Tuesday 15th January

Tuesday 19th February

Tuesday 19th March

How to contact your

Councillor Keith Bance

Tel: 01588 638455

Email: bance74@googlemail.com

Councillor Jane Carroll

Tel: 01588 638467

Email: jane.carrol@gmail.com

Councillor Ruth Houghton

Tel: 01588 638352

Email: Hough-ton.ruth@btinternet.com

Councillor Julie Magill

Tel: 01588 638305

Email: julie.magill@outlook.com

If anyone wishes to be a councillor please contact the clerk on 01588 638141

7Town Councillors:

Councillor Grant Perry

Tel: 01588 638233

Email: grantperry24@icloud.com

Councillor Anne Roberts

Tel: 01588 630165

Email: anne.roberts@mac.com

Councillor Steve Whittingham

Tel: 01588 638954

Email: thehappybap@yahoo.co.uk

Town Clerk: 01588 638141

townclerk@bishopscastle.co.uk

*Monday to Thursday 9.30am—
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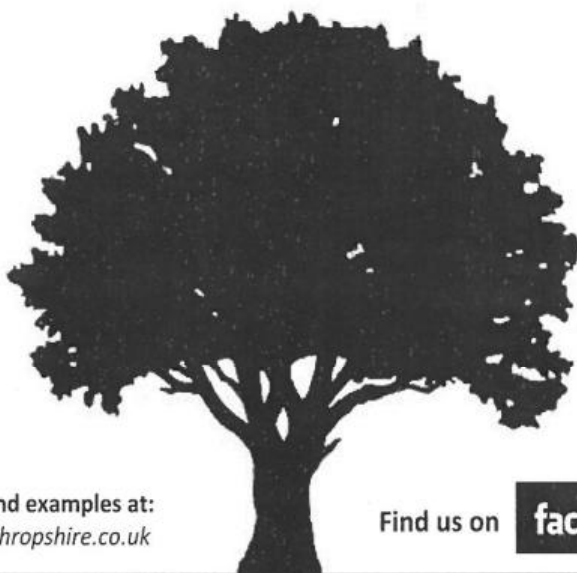


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August 2018

Summer Theatre Workshop 12+

August 8 @ 10:00am - August 9 @ 18:00pm tickets £25.00

Summon up your theatrical side! Join us for a thrilling two-day workshop which will explore supernatural storytelling with a contemporary twist. Wednesday 8th 10-4pm and Thursday 9th August 10-6pm Become immersed in the world of prophecy and folklore whilst learning to develop skills in physical theatre, classical text performance and ensemble playing. Led by a professional director and playwright this experience will culminate in a short performance. If you are a young performer who is 12 years or more you can sign up today to secure a place!

Film: Finding Your Feet (12A)

August 10 @ 19:00pm - 20:50pm tickets £4 – £5

"Imelda Staunton, Timothy Spall and co excel in this comedy romance" The Guardian When "Lady" Sandra Abbott discovers that her husband of 40 years is having an affair with her best friend, she seeks refuge in London with her estranged, older sister Bif. The two could not be more different - Sandra is a fish out of water next to her outspoken, serial dating, free-spirited sibling. But different is just what Sandra needs at the moment, and she reluctantly lets Bif drag her along to a community dance class, where she starts finding her feet.

Summer Street Dance Age 5-11

August 13 @ 10:00am - 16:00pm tickets £12.00

A high energy urban dance class with Dave Mckenna Director and choreographer of physical theatre performances for professional, community and youth dance companies. Artistic director of Being Frank. <http://www.beingfrank.co.uk/> For young people aged 5-11years No previous experience necessary Dave has taught Street Dance session at SpArC before to Primary and Secondary age young people and he has an overwhelmingly positive effect . His session enable participants to be creative, challenged, physical, while having loads of fun! “Maidwell Primary School is an Outstanding School and we have worked alongside Dave for many years in order to provide depth and engagement. Want boys to dance? Employ Dave. Want girls to dance? Do the same.” Rosemarie James, Head teacher, Maidwell Primary School.

“It was so good in fact we did I for our assembly Mr Barker our Head teacher and our parents thought it was so incredible we had to repeat it” Bishops Castle Primary Students

All of the children’s flexibility and strength improved and they liked learning the challenging moves that Dave taught them” Lydbury North Primary

“My Favourite bit was the ‘table top it’s Fantastic” “I really enjoyed learning how to Cannon” “ I liked learning Break dancing” “Floor Work” “Freestyle” Bishop’s Castle Primary Students

Please bring packed lunch- and any other food you will need for the day and a water bottle

Summer Street Dance (Age 12+)

August 14 @ 10:00am - 16:00pm tickets £12.00

A high energy urban dance class with Dave Mckenna Director and choreographer of physical theatre performances for professional, community and youth dance companies. Artistic director of Being Frank. <http://www.beingfrank.co.uk/> For young people aged 12+ years 10am-4pm No previous experience necessary Dave has taught Street Dance session at SpArC before with Secondary age young people and he has an overwhelmingly positive effect . His session enable participants to be creative, challenged, physical, while having loads of fun!

FILM: The Greatest Showman (PG)

August 30 @ 18:00pm - 18:45pm tickets £4—£5

Inspired by the imagination of P. T. Barnum, The Greatest Showman is an original musical that celebrates the birth of show business & tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation. "The numbers in "The Greatest Showman" have a dance-pop fire that keeps you hooked."Variety " it's hokey and old-school, but somehow this all-singing, all-dancing spectacle keeps winning over audiences " The Guardian "Being panned by some critics hasn't stopped Hugh Jackman's infectious movie musical The Greatest Showman from becoming the most enduring film hit for a decade." The BBC

"The Greatest Showman is, like the singing, dancing, versatile actor who stars in it, larger than life. And if this is the only screen musical we can get out of the last of his peak performing years, it'll do."Movie Nation

September 2018

NT LIVE: Julie (15)

September 6 @ 19:00pm - 22:00pm tickets £7 – £11

Julie by Polly Stenham after Strindberg Vanessa Kirby (The Crown, NT Live: A Streetcar Named Desire) and Eric Kofi Abrefa (The Amen Corner) feature in the cast of this brand new production, directed by Carrie Cracknell (NT Live: The Deep Blue Sea) and broadcast live from the National Theatre to cinemas. Wild and newly single, Julie throws a late night party. In the kitchen, Jean and Kristina clean up as the celebration heaves above them. Crossing the threshold, Julie initiates a power game with Jean – which rapidly descends into a savage fight for survival.

Street Dance Sessions Autumn 2018

September 7 @ 16:00pm - December 7 @ 17:00pm cost £35.00

A high energy urban dance class with Dave Mckenna Director and choreographer of physical theatre performances for professional, community and youth dance companies. Artistic director of Being Frank. Sessions for 7-11year 4-5pm every other Friday throughout the Autumn term 7th Sept, 21st Sept, 5th Oct, 19th Oct , 9th Nov, 23th Nov, 7th Dec £35 for all 7 sessions

No previous experience necessary Dave has taught Street Dance session at SpArC before to Primary and Secondary age young people and he has an overwhelmingly positive effect . His session enable participants to be creative, challenged, physical, while having loads of fun! "Maidwell Primary School is an Outstanding School and we have worked alongside Dave for many years in order to provide depth and engagement. Want boys to dance? Employ Dave. Want girls to dance? Do the same." Rosemarie James, Head teacher, Maidwell Primary School.

RSC LIVE: The Merry Wives of Windsor

September 12 @ 19:00pm - 22:00pm tickets £7 – £11

The only way is Windsor in this new production of Shakespeare's merry comedy. Down on his luck in the suburbs, John Falstaff plans to hustle his way to a comfortable retirement by seducing the wives of two wealthy men. Unknown to him, it's the women of Windsor who really pull the strings, orchestrating Falstaff's comeuppance amidst a theatrical smorgasbord of petty rivalries, jealousies and over-inflated egos.

FILM: Tully (15)

September 20 @ 19:00pm - 20:35pm tickets £4 – £5

Comedy Drama The Guardian Marlo is a New York suburbanite who's about to give birth to her third child. Her husband, Ron, is loving and works hard, but remains clueless about the demands that motherhood puts on his wife. When the baby is born, Marlo's wealthy brother hires a nighttime nanny named Tully to help his sister handle the workload. Hesitant at first, Marlo soon learns to appreciate all that Tully does

NT LIVE: King Lear

September 27 @ 19:00pm - 22:00pm tickets £7 – £11

Broadcast live from London's West End, see Ian McKellen's 'extraordinarily moving portrayal' (Independent) of King Lear in cinemas. "Ian McKellen reigns supreme in this triumphant production, Chichester Theatre's production received five-star reviews for its sell-out run, and transfers to the West End for a limited season. Jonathan Munby directs this contemporary retelling of Shakespeare's tender, violent, moving and shocking play.

MONDAY

Time	Class	Instructor
5.00 - 5.50pm	Fitness Pilates	Lucy
6.00 - 6.50pm	Kettlebells	Dan
6.00 - 6.45pm	Aqua Aerobics	Lucy
7.00 - 7.45pm	Studio Cycling	Dan
7.00 - 7.30pm	On The Ball	Lucy
7.30 - 8.00pm	H I T	Lucy
8.00 - 8.45pm	Strength H I T	Dan

TUESDAY

Time	Class	Instructor
9.20 - 10.10am	Aerobics & Tone	Lucy
10.20 - 11.10am	Fitness Pilates	Lucy
6.00 - 6.45pm	Studio Cycling	Lucy
6.00 - 6.50pm	Circuits	Dan
7.00 - 7.50pm	Fitness Pilates	Lucy
7.00 - 7.30pm	Stretch and recovery	Dan
7.30 - 8.00pm	Metafit	Dan

WEDNESDAY

Time	Class	Instructor
6.00 - 6.50pm	Body Shock	Lucy
7.00 - 7.50pm	Fitness Pilates	Lucy
8.00 - 8.50pm	3 in 1	Lucy

THURSDAY

Time	Class	Instructor
6.00 - 6.45pm	Aqua	Zana
6.00 - 6.45pm	Studio Cycling	Dan
7.00 - 7.30pm	Muscular Strength	Dan
7.30 - 8.00pm	Stretch & Relief	Dan
8.00 - 8.50pm	Strength H I T	Dan

FRIDAY

Time	Class	Instructor
9.20 - 10.10am	Cardio & Swiss Ball Blast	Lucy
10.20 - 11.10am	Fitness Pilates	Lucy

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