

BISHOP'S CASTLE NEWS





FEBRUARY 2018 to March 2018 Issue 56





Real People. Real Advice.

Our legal experts are here to help.

Appointments available in Bishop's Castle.

Tel 01588 638 425 or email bishopscastle@wmlaw.co.uk.

Our legal teams also offer the following services

- Civil & Commercial Mediation
- Commercial & Agricultural
- Commercial & Civil Litigation
- Debt Recovery
- Elderly Client & Care Funding
- Employment
- Family Arbitration
- Family Matters
- Family Mediation
- Personal Injury
- Residential Property
- Social Housing & Development
- Wills, Trusts, Tax Planning & Probate





SOLICITORS incorporating Snows 31 Market Street, Newtown,
Powys, SY16 2PG
01686 626 641
help@wmlaw.co.uk
www.wacemorgantomleys.co.uk

Description

**Des

Bishop's Castle Christmas Grotto

The creators of the Grotto would like to take this opportunity to thank the local businesses and townsfolk of Bishops Castle, for their sponsorship, trust and support this year.

Especially we would like to thank Henry and all at the Castle Hotel, Andrew Harold, Clive Sawyer and Associates, Village Outreach, Loz, Ransfords, BCBS, Tim and Rachael and the Care Homes, Enterprise House, the Town Hall, Glynn Roberts, Spar and the Co-op.

Again many thanks to the Townsfolk that sponsored us. Each and every contribution made a difference

We very much hope that all the children, their relatives and anyone else that came enjoyed it as much as we did putting it together. Thank you and see you again next time.

BISHOP'S CASTLE TOWN COUNCIL

Full Council meetings take palace usually on the 3rd Tuesday of each month:

Tuesday 16th January 18 Tuesday 20th February 18 Tuesday 20th March 18

All meetings are held in the Town Hall and commence at 7.30pm. Members of the public are most welcome to attend.

There is a specific point in each agenda that members of the public may speak. Should you have an issue you would like to bring to the Council's attention or something you would like to discuss, please let the Clerk know beforehand that you would like to speak and the subject matter so that we can prepare.

WE WOULD LIKE TO HEAR FROM YOU!

Phone: 01588 638141 or email:

bishopscastlenewsletter@gmail.com



Serenity Sports & Holistic Massage Therapies Sports Massage

Pre/Post-Event Maintenance
Team/Individual Event Attendance

Holistic Therapies

Swedish Body/Back Massage * Indian Head Massage * Warm Bamboo Massage * Ayurvedic Facial Massage * Meditation Massage * Reiki *

Corporate/Seated Massage * Group/Holiday/Pamper Parties

Jenny Hudson – Massage Therapist 01588 630 717 07968087981

Bishop's Castle SpArC Newtown Mobile

Facebook/Twitter www.serenityholisticmassagetherapies.co.uk











Support and companionship just when you need it

Are you looking for affordable Sheltered Accommodation with your main meals provided in a homely environment?

Abbeyfield House situated in Oak Meadow SY9 5PA close to the Town Centre of Bishop's Castle offers all this, and independent living with a balance of privacy, support and security

> Please telephone 01588 630000 for more information

Independent Provident Society No. 27255R

TSA Regulator of Social Housing No. H4156





Minter deal free delivery on orders over £35 within 6 miles radius.

EVENING & WEEKEND

General Rate:

£15 per hour up to 6 hours Full day up to 8 hours £110

Weekend Hire: Saturday am - Sunday pm £300

Community Rate:

£10 per hour up to 6 hours Full day up to 8 hours £75

Weekend Hire: Saturday am - Sunday pm £200

MUSIC CONCERTS

£90 - inclusive of 6 hours hire, ticket sales on our Ticket Source, distribution of publicity via posters, press and social media and Town Hall bar.

TV ADVERTISING

Hire 2 screens on our TV to advertise your business. £5 per month or save £10 and hire for a year for £50!

SHELF HIRE

Showcase your products on a shelf in one of our oak cabinets.

Full cabinet shelf £10 per month

Plus 20% commission on all sales

MARKETS - STALL HIRE

If you are interested in having a stall at one of our produce or specialist markets please contact us for our Market leaflet and stall fees.

Contact us:

Bishop's Castle Town Hall High Street Bishop's Castle, SY9 5BG

Telephone: 01588 630023

Email: info@bishopscastletownhall.co.uk



Listings for Feb 2018 and March 2018

- 3rd Feb Antiques & Flea Market. 9am until 4pm. First Saturday of every month. Lift available. Free entry. Tel: 01588 630023
- 4th Feb This Healing Place A Sound Journey to Source 2pm Experience the power of the Earth's source through a range of musical instruments from across the world. Bring yoga mat or blanket. Cost of tickets £5 from the Town hall
- 9th Feb Blast storytelling The green road, 7.30pm
 With Amy Douglas and Lucy Wells The green road is the hidden road that wends right and wrong, certainty and uncertainty, Heaven and Hell.
 Storytelling, music, song, harmony and humour.
 Tickets £7 or a group ticket for £20 (up to 4) available from the town Hall or www.ticketsource.co.uk/date/442773
- 10th Feb Concert with Beth Prior and Will Barnes, guest support Mollie'Ann. 7.30pm
 Folk- Reggae Soul. Catch Beth Prior and Will Barnes strip it back to the roots with new material. Not to be missed. Bar Tickets £7 from Town Hall, Textile Traders and on the door. Ticketsource.co.uk/date/448214

17th Feb to 17th Mar
Art exhibition with work by Andrew Fusek Peters

17th Feb Farmer's Market 9am to 1pm
This ever popular Farmers Market is held on the third Saturday of each month. Stalls include Baconry, Cakes, Bread, Fruit & Veg. and even Goat's Milk Soap all produced locally. Plus Christmas decorations

MARCH 2018

3rd March Antiques & Flea Market. 9am until 4pm. First Saturday of every month. Lift available. Free entry. Tel: 01588 630023

3rd March Eira/snow concert. 7.30pm

Eira/Snow, a multi-instrumental duo from Monmouth who are touring the Churches on the Welsh borders celebrating the majestic acoustics of these buildings. The music draws on influences from across Europe and the Middle East, but includes a fond passion for the Celtic influences of home. An evening of "infectious melodies and strong grooves and an essential simplicity". "There's a sense of being taken on a musical 'World tour' at every gig" wrote lan Mann, aka The Jazz Man, (The Jazz Mann)

www eirasnow co uk

Tickets £8.50 available from the Town Hall – 01588 630023 or www.ticketsource.co.uk/date/417906

9th Mar Blast storytelling – songs, stories and music. 7.30pm Robin and Bina Williamson create a perfect balance of voices. Robin is a musician, storyteller and writer. Bina is an inspired and gifted singer, songwriter and multi-instrumentalist with a hauntingly sweet, melodious voice. Their soulful performance feature their East-West harmonies, with harp, bowed psaltery and diverse other instruments. 'Pure beauty through simplicity' Robert Plant Tickets £10 available from the Town Hall or www.ticketsource.co.uk/date/44277

11th Mar This Healing Place – A Sound Journey to Source 2pm
Experience the power of the Earth's source through a range of musical instruments from across the world.
Bring yoga map or blanket. Cost of tickets £5 from the Town hall.

17th March Farmer's Market 9am to 1pm
This ever popular Farmers Market is held on the third
Saturday of each month. Stalls include Baconry,
Cakes, Bread, Fruit & Veg. and even Goat's Milk Soap
all produced locally.

18th Mar Knight and Spiers concert. 7.30pmAnother chance to see the charismatic Knight & Spears at the Town Hall. Peter Knight of Gigspanner with his new band. His years of experience crossing boundaries and genres mean that the music falls beyond categorisation. Tickets £14 available from the Town Hall on 01588 630023 or www.ticketsource.co.uk/date/446152

24th Mar to 21st Apr Art Exhibition with work by Sue Percy and Ann McDonald

Become a Councillor

If you consider yourself a public spirited person and wish to donate some of your time to assist the community. Have you ever considered becoming a Town Councillor.

If this appeals to you please contact the Town Clerk for more details. His contact details are: -

Gwilym J. Rippon Tel No. 01588 638 141 Email townclerk@bishopscastle.co.uk

How to contact your

Councillor Keith Bance

Tel: 01588 638455

Email: bance74@googlemail.com

Councillor Jane Carroll

Tel: 01588 638467

Email: jane.carrol@gmail.com

Councillor Ruth Houghton

Tel: 01588 638352 Email: Hough-

ton.ruth@btinternet.com

Councillor Abbie Naiad

Tel: 0158863872

Email: abbie.naiad@btinternet.com

Councillor Julie Magill

Tel: 01588 638305

Email: tracy.magill@btinternet.com

Town Councillors:

Councillor Grant Perry

Tel: 01588 638233

Email: grantperry@icloud.com

Councillor Anne Roberts

Tel: 01588 630165

Email: anne.roberts@mac.com

Councillor Steve Whittingham

Tel: 01588 638954

Email: thehappybap@yahoo.co.uk

Town Clerk: 01588 638141 townclerk@bishopscastle.co.uk

Monday to Thursday

9.30am—12.30pm

For allotment enquiries please

contact:

assistantclerk@bishopscastle.co.uk

Jilly Evans - Heather

A.C.O.H., A.R.T., S.P.D.A., Bowtech, N.S.T.

28 Years as a fully qualified practitioner

Neuro-Muscular Massage + Deep Tissue Aromatherapy With Thai Massage Stretches Advanced Reflexology Bowen Technique and NST. NLP. EFT For most of your physical Or emotional healing needs

Call Jilly for an appointment or further info On 01588 638 935





Jane's Petals & Gifts



10-11 High Street, Bishop's Castle Shropshire SY9 5BQ

> Tel: 01588 638222 Home: 01588 680308

janespetals@gmail.com Find me on Facebook





Delivery Service Available



B & N I AVENDER

Oil Heating

Service and Repair of Boilers and Oil Fired Cookers

AGA, RAYBURN, STANLEY ETC.

Tel: Bishop's Castle 01588 630322

NORMAN JONES

BISHOP'S CASTLE **Domestic Appliance Repairs** Same Day/Next Day Service Repairs .. PETE.. 07971 252069 Sales .. Norman .. 07816 875233

Home 01588 638677



MEDLICOTTSNOWS SOLICITORS

7 Wylcwm Place, Knighton 2 01547 528332

Also by appointment at Clun and Leintwardine Email: solicitors@medlicottsnows.co.uk Web: www.medlicottsnows.co.uk Home visits by arrangement

Pedal & Electric Cycle Sales, Parts & Accessories

Shropshire SY9 5DQ Tel: 01588 638060

New Street Cycles New Street

Bishops Castle

or 07973 784946 newstreetgarage@btconnect.com www.newstreetcycles.co.uk

www.promo-printing.com

- ·Banners ·Signage ·Decals ·Wall Art ·Labels
 - Pavement Signs Exhibition Displays
- Posters, Artists' Prints & Canvases Stickers Printed Merchandise & Garments, ideal for
- Pubs, Clubs, Fundraisers and Businesses 01588 513404 sales@promo-printing.com

UNION STREET GARAGE (BISHOP'S CASTLE LIMITED)

MOT'S FOR CLASS 4 VEHICLES SERVICING AND REPAIRS DIESEL AND RED DIESEL SALES TELEPHONE (01588) 638349

www.unionstreetgarage.co.uk WE ACCEPT ALL MAJOR CREDIT CARDS



25 High Street, Bishops Castle Eve Examinations . Contact Lenses High Quality Digital Retinal Photography Wide range of traditional & designer frames Open Mon - Sat , Late might Friday opening until 7µm 01588 63 88 33

It's clear to see why so many people come to us by recommendation

Yarborough House

Secondhand Books & Classical Records

Market Square. 01588 638318 We have Shropshire's largest Stock of Classical Cds



Stove Repairs, Glass, Grates Cowls and Chimney Lining. Tim Nye Tel 0783 8688 547 or 01588 638304

H.E.A.T.A.S. Registered 15 Years Exerience 3 Kerry Green Bishops Castle





S. MORRAY

07534 947 946 01588 630 247

Landscape, Garden and Arboricultural Services



More info and examples at: treesurgeryshropshire.co.uk

- Find us on
- facebook

- Patios & paths
- All types of fencing
- Stone wall building
- Tree surgery
- Woodland clearance
- Holiday home care

- Grass cutting
- Hedge cutting
- Gardening
- Turf laying
- Log store building
- Garden structures

Public liability insured up to £5m with full NPTC tree surgery certificates NO JOB IS TOO BIG OR SMALL

Please call for an obligation free quote



WORKSHOP: LIFE DRAWING SESSIONS February 1 @ 19:00pm all tickets £10.00p

A practical drawing session with a male life model and tutor-Open to all abilities.

Tutors will instruct the model to pose in a variety of positions and lengths of time. The tutor will also suggest exercises and materials which are optional. You are welcome to just draw as you please. Life drawing, also known as figure drawing, is the act of drawing a living person. this means drawing a nude model in real life.

Basic materials provided- (paper pencils charcoal) and drawing boards- please feel free to bring your own easle and other materials- set up from 6.30 session starts at 7.00 – 9.30

2 drawing session with a short break- with tea & coffee Bar will be open during the break. Limited to 25 places £10

Royal Opera House: Tosca (Puccini)

February 7 @ 19:15pm - 22:15pm tickets £8-£18

Tosca is one of the great evenings of opera, and from its strident opening chords conjures up a world of political instability and menace.

Jonathan Kent's production for The Royal Opera captures the dangerous political turbulence of Rome in 1800. The Chief of Police, Scarpia one of the most malevolent villains in opera ruthlessly pursues and tortures enemies of the state. His dark, demonic music contrasts with the expansive melodies of the idealistic lovers, Tosca and Cavaradossi, who express their passion in sublime arias, including 'Vissi d'arte' and 'E lucevan le stelle'. Giacomo Puccini's dramatic work was a hit with audiences on its 1900 premiere and it remains one of the most performed of all operas with its gripping plot and glorious music

LIVE: Box Tale Soup Theatre: Wind in the Willows February 10 @ 14:00pm - 15:30pm tickets £7-£28

A beautiful new adaptation of Kenneth Grahame's much loved classic, The Wind in the Willows features unique handmade fabric puppets and a charming original score

From the peaceful pleasures of the river to the fearful frights of the Wild Wood, join Mole and Ratty on their marvellous adventures, with gruff old Badger and magnificent Mr.Toad. A beautiful adaptation of Kenneth Grahame's classic by award winning Box Tale Soup, featuring handmade puppets and a charming original score.

Afternoon Film: Singing in the Rain (U) Accessible February 13 @ 14:00pm - 15:45pm Tickets £3.00

Classic 1952 American musical-romantic comedy film directed starring Gene Kelly, Donald O'Connor, and Debbie Reynolds. A lighthearted depiction of Hollywood in the late 1920s, with the three stars portraying performers caught up in the transition from silent films to "talkies". A couple of silent movie stars are forced to make the switch to sound but the beautiful female lead has a voice that could cut glass...what can they do?

RSC LIVE: Twelfth Night February 14 @ 19:00pm - 21:30pm Tickets £7 - £11

Twelfth Night is a tale of unrequited love – hilarious and heart-breaking. Twins are separated in a shipwreck, and forced to fend for themselves in a strange land. The first twin, Viola, falls in love with Orsino, who dotes on Olivia, who falls for Viola but is idolised by Malvolio. Enter Sebastian, who is the spitting image of his twin sister...

Christopher Luscombe, Director of the 'glorious (Daily Telegraph) Love's Labour's Lost and Much Ado About Nothing (2014 and 2016), returns to tackle Shakespeare's greatest comedy

LIVE THEATRE:

Castle Players Panto- Jack and the Beanstalk February 22 @ 19:00pm - February 24 @ 20:30pm Tickets £4—£6

Join the Castle Players, back with another great traditional pantomime, Jack and the Beanstalk. The local landlords Baron Tightfist and his wife want to put up the taxes and Dame Trot hasn't a clue how she and her son Jack can eat never mind pay more. But Jack gets a handful of magic beans from selling Buttercup, their faithful cow. With the help of Robin Hood, a gatecrasher from another panto, and four cheeky stowaway Brownies, will Jack defeat the Ogre and find fame and fortune and marry Lucy, the Barons daughter? With fun, frolics and general mayhem you can be sure of more than a few laughs and a good sing song.

Royal Ballet: The Winters Tale February 28 @ 19:15pm - 22:15pm Tickets £8—£13

Satellite Screening From The Royal Opera House SHAKESPEARE'S TALE OF LOVE AND LOSS BECOMES COM-PELLING DANCE DRAMA IN CHRISTOPHER WHEELDON'S BALLET ADAPTATION. WITH MUSIC BY JOBY TALBOT Christopher Wheeldon, Artistic Associate of The Royal Ballet. created his adaptation of Shakespeare's late great romance The Winter's Tale for The Royal Ballet in 2014. Building on the success of Alice's Adventures in Wonderland. The Winter's Tale received ecstatic praise at its premiere, acclaimed by critics and audiences alike for its intelligent, distinctive and emotionally powerful story, told through exquisite dance. It is now widely judged to be a modern ballet classic. The story follows the destruction of a marriage through consuming jealousy, the abandonment of a child and a seemingly hopeless love. Yet, through remorse and regret – and after a seemingly miraculous return to life – the ending is one of forgiveness and reconciliation. With powerful designs by Bob Crowley and atmospheric music by Joby Talbot, The Winter's Tale is a masterful modern narrative ballet.

March 2018

LIVE MUSIC: Kit Hawes and Aaron Catlow March 1 @ 19:30pm - 21:30pm Tickets £6—£10

We are delighted to welcome back to SpArC this Bristol based duo play outstanding acoustic, folk and roots music incorporating fiddle, guitar and voice, using the fertile ground of the traditional music of the British Isles as a starting point. The live show is a musical journey through Europe and beyond; combining dazzling playing with a fine sense of musicality and showmanship.

The pair have work with many artisits including Seth Lakeman, Afro Celt Sound system, Yola Carter, Mad Dog Mcrea, Sheelanagig and Roni Size to name a few but what unites them is a passion for folk music.

They draw on their many influences to created unique arrangements of traditional song and tunes, as well as their own compositions.

Kit Hawes and Aaron Catlow's debut album. The product of decades of musical experience, the track listing combines self penned tunes and folk tales, all intricately arranged and heartfelt.

NT LIVE Encore: Cat On A Hot Tin Roof March 8 @ 19:00pm - 21:30pm Tickets £7 - £11

Tennessee Williams' twentieth century masterpiece Cat on a Hot Tin Roof played a strictly limited season in London's West End in 2017. Following his smash hit production of A Streetcar Named Desire, Benedict Andrews' 'thrilling revival' (New York Times) starred Sienna Miller alongside, Jack O'Connell and Colm Meaney.

On a steamy night in Mississippi, a Southern family gather at their cotton plantation to celebrate Big Daddy's birthday. The scorching heat is almost as oppressive as the lies they tell. Brick and Maggie dance round the secrets and sexual tensions that threaten to destroy their marriage. With the future of the family at stake, which version of the truth is real – and which will win out?

Royal Opera House: Carmen (Bizet)
March 11 @ 14:00pm - 17:20pm tickets £3—£8

Carmen is the best-known work by French composer Georges Bizet, and one of the most famous operas in the entire art form – numbers such as the Habanera and the Toreador Song have permeated the popular consciousness as little else has. The opera's heady combination of passion, sensuality and violence initially proved too much for the stage, and it was a critical failure on its 1875 premiere. Bizet died shortly after, and never learned of the spectacular success his Carmen would achieve: the opera has been performed more than five hundred times at Covent Garden alone.

This ever-popular opera is given a fresh point of view in Barrie Kosky's highly physical production, originally created for Frankfurt Opera. The Australian director is one of the world's most sought-after opera directors, whose Royal Opera debut with Shostakovich's The Nose in 2016 was greeted with delight. For Carmen he has devised a far-from-traditional version, incorporating music written by Bizet for the score but not usually heard, and giving a new voice to the opera's endlessly fascinating central character.

Afternoon Film: Victoria and Abdul (PG) Accessible March 13 @ 14:00pm - 15:55pm Tickets £3.00

Queen Victoria strikes up an unlikely friendship with a young Indian clerk named Abdul Karim.

Abdul Karim arrives from India to participate in Queen Victoria's golden jubilee. The young clerk is surprised to find favour with the queen herself.

As Victoria questions the constrictions of her long-held position, the two forge an unlikely and devoted alliance that her household and inner circle try to destroy. As their friendship deepens, the queen begins to see a changing world through new eyes, joyfully reclaiming her humanity.

FILM: Loving Vincent (12A)

March 15 @ 19:00pm - 20:35pm tickets £4- £5

Loving Vincent is the world's first fully painted feature film produced by Oscar-winning studios Breakthru Films and Trademark Films. His tragic death has long been known, what has remained a mystery is how and why he came to be shot. "The man was carrying nothing; his hands clasped to a fresh bullet wound leaking blood from his belly." This was Vincent van Gogh, then a little known artist; now the most famous artist in the world. Loving Vincent tells that story.

FILM: Murder on the Orient Express (12A) March 22 @ 19:00pm - 21:00pm tickets £4- £5

A stellar cast takes a lavish trip through Europe which quickly unfolds into a race against time to solve a murder aboard the train. When an avalanche stops the Orient Express dead in its tracks, the world's greatest detective Hercule Poirot — arrives to interrogate all passengers and search for clues before the killer can strike again.

Murder on the Orient Express is a 2017 American mystery drama film directed by Kenneth Branagh with a screenplay by Michael Green, based on the 1934 novel of the same name by Agatha Christie.

FILM: Paddington 2 (PG) March 29 @ 18:00pm - 19:45pm

TICKETS ON SALE SOON Settled in with the Brown family, Paddington the bear is a popular member of the community who spreads joy and marmalade wherever he goes. One fine day, he spots a pop-up book in an antique shop -- the perfect present for his beloved aunt's 100th birthday. When a thief steals the prized book, Paddington embarks on an epic quest to unmask the culprit before Aunt Lucy's big celebration

MICHAELMAS FAIR

The Michaelmas Fair on Saturday 23rd September 2017 will long be remembered! From dragons, lions, elephants and owls to tractors, vintage cars and wonderful steamers! Our very own Nelson the Elephant brought his surprise daughter 'Little Lucy' with him to join the processions and Panic Circus provided delightful mayhem!

The Old Market Square was turned into our 'Bee Hive' to reinforce the message that rural Bishop's Castle is concerned about the plight of the bee. A magical 'Bee Procession' slowly waggle-danced down the hill to the sound of buzzing bees!

The amazing musical line-up on the Town Hall stage included local legends The Conspiritualists, The Mighty Vipers, Nuclear Weasels, and Fight the Bear, while AMP showcased musicians at The Six Bells and Beez Neez filled the Castle Hotel gardens. Elsewhere the BC Orchestra, Community Band, Castle Voices and The Men From Off delighted the crowds in the streets.

The highlight however, was the spectacular Lantern Procession – the illuminated Chinese dragon leading more than 40 children with their home-made lanterns through the enormous crowd to Fight the Bear's wonderful soundtrack!

The Michaelmas Fair has grown into a highly successful event to stimulate the local economy, showcase our amazing local talent and to help put Bishop's Castle on the map so that people will make return visits. By all accounts this year's Fair was the best in recent years, attracting a large number of visitors to the town. We have been overwhelmed by the positive feedback we have received about the family-friendly nature of the event - where else could you get such an amazing day out for just £5 with under 12's free?!

I should like to take this opportunity to thank the wonderful team of volunteers for the huge amount of work put in over the year to plan and managed this year's Fair. None of us receive any income — we are driven by the desire to bring something special and unique to the Town.

It is important to note that the Fair doesn't receive any funding other than what is generated on the day from admission charges, stall pitches and commission from food vendors and while it was clearly an amazing day, it did not make a profit.

I am very keen to learn your feedback on how the Fair went from your perspective, as well as any ideas you may have about what we might do to make the day even more successful. Likewise I'd be delighted to hear from anyone keen to volunteer to join our team to help us recreate such an amazing event again next year on Saturday September 22nd 2018.

Keith Whiddon
Chair of Bishop's Castle Michaelmas Fair
mail@michaelmasfair.co.uk
www.michaelmasfair.co.uk
https://www.facebook.com/MichaelmasFairBishopsCastle

REF/HB08A

20 October 2017

NIS Blood and Transplant

Ms Ting Cheung Station Street, Bishops Castle, SY9 5DD

Dear Ting,

Thank you very much for your support for blood donation by hosting sessions at your venue.

I am writing to let you know that NHS Blood and Transplant (NHSBT) is currently reviewing our blood donation programme and considering taking the decision to no longer collect blood at Bishops Castle, The Public Hall.

The national demand for blood is reducing. This is because hospitals are using less blood. This is partly due to the work we are doing to help hospitals manage their stocks, and partly because of improvements in surgical practice such as keyhole surgery, which result in fewer transfusions being required. Whilst the demand for some particular blood types is increasing, and whilst we still need to recruit new donors to replace those people who can no longer donate for reasons such as ill health, we need to collect less blood overall than we used to.

We intend to run the sessions we have planned to take place at Bishops Castle, The Public Hall over the next few months as normal, and would appreciate if you could continue to provide us with your usual level of service.

NHS Blood and Transplant is also writing to each donor who attends your venue to let them know that they may see changes to their sessions in future. If the proposed changes go ahead, NHS Blood and Transplant will support donors to find alternative sessions. We understand that for some donors it may be too difficult travel to an alternative yenue.

We will be in contact with you at the soonest possible opportunity if any changes affect our ability to make bookings at your venue.

Thank you for your continued support for blood donation.

Please do not hesitate to contact me if you have any further gueries.

Yours sincerely

Simon Blakeman

Donor Marketing Operations Specialist - North
NHS Blood & Transplant

Teme SpArC

Swimming Pool, Fitness Suite, Squash Courts, Sports Hall, Theatre/Studio &Astro Turf Pitch

Swimming Time Table			Fitness Classes		
Monday:			Monday:		
Time	Session	Location	Time	Session	Location
4pm—6pm	Swimming	Main pool	6pm—6.50pm	Aquafit	Main pool
	Lessons		6pm—6.50pm	Kettle ball	Sports hall
6pm—7pm	Aquafit	Main pool	7pm—7.45pm	Aerobics	Sports hall
7pm—9pm	Adult Lanes	Main pool	7pm—7.45pm	Studio Cycling	Theatre
Tuesday:			8pm—8.45pm	Studio Cycling	Theatre
7am—10am	Adult Lanes	Main pool	8pm—8.50pm	20:20:20	Sports hall
10am—11am	Parent and	Main pool	Tuesday:	A 1:	
ioaiii—i iaiii	Toddler	Main poor	9.20am—10.10	Aerobics	Theatre
			10.20am—11.10am	Pilates	Theatre
11am- 4pm	Closed	Main pool	6pm—6.45pm	Studio Cycling	Theatre
4pm—7pm	Swimming	Main pool	6pm—6.50pm	Circuuits	Sports hall
	Lessons		7pm—7.30pm	Abs Blast	Sports hall
7pm—9pm	Adult Lanes	Main pool	7pm—7.50pm	Pilates	Theatre
Wednesday:		Main pool	7.30pm—8pm	Metafit	Sports hall
6pm—7pm	Family Fun	Main pool	Wednesday:		
7pm—9pm	Public Session	Main pool	7pm—7.50pm	Fitness Pilates	Theatre
Thursday:		Main pool	8pm—8.50pm	20:20:20	Sports hall
4pm—6pm	Swimming	Main pool	Thursday:		
	Lessons		6pm—6.50pm	Aquafit	Main pool
6pm—7pm	Aquafit	Main pool	8pm—8.45pm	Studio Cycling	Sports hall
7pm—9pm	Public Session	Main pool	7pm—7.50pm	Muscular strength	Sports hall
Friday:		Main pool	8pm—8.50pm	Bootcamp Circuits	Sports hall
7am—10am	Adult Lanes	•	Friday:		-: ·
		Main pool	9.20am—10.10	Cardo blast	Theatre
10am—11am	Available for hire	Main pool	10.20am—11.10am	Fitness Pilates	Theatre

BETH PRIOR



WITH GUEST SUPPORT MOLLIE'ANN

SATURDAY 10 FEB

TOWN HALL, BISHOPS CASTLE Doors 7.30pm, bar available

Tickets £7 - Town Hall, Textile Traders or on the door

www.bethprior.com

21st to 25th February





5 days of DANCE, MUSIC, POETRY, CRAFT, ARTISAN WARES, FOOD & DRINK, WORKSHOPS, SINGING, PANTO, EXHIBITIONS, PHOTOGRAPHY, STORY TELLING, TALKS, FILMS, KNITTING, OPEN STUDIOS.....

Events booked include:-

MUSIC: Beki Brindle Band - rock & blues music concert / Rapsquillion - folk music concert Michael Bochmann - violin concert / The Bishop's Castle Orchestra Roger Garfitt - Poetry & Jazz (celebrating Mary Webb)

DANCE: Rosa Janes' Balkan Ceilidh / Shropshire Bedlams' Morris Dancing Alphabet Dancers - dance like Jane Austen

TALKS: David Preshous - Roman Poems / Robert Fowke - Mrs. Clive of India Jim Gaffney - Textiles / Andrew Fusek Peters - Photography Paul Binding - The Appalachian Mountains Gerry Kennedy - his book, 'The Booles and the Hintons'

WORKSHOPS: Sue Percy - Watercolour Painting / Clare Linford - Needle Felting Rapsquillion - Singing / Michael Bochman - violin for young students Liz Still - Scrap Modelling / AMP - Young Musicians skills / Made... - Bead Jewellery

EXHIBITIONS: Castle Artists/Bishop's Castle Arts Society/Town Hall Gallery/SpArC/the Chai Shop

PLUS: a Craft Fair, Children's Storytelling, Open Studios, Poetry, Drop-in Knitting, B.C. Bake Off, a French Banquet, Three Tuns Brewery Tours, and a Panto (oh no there isn't, oh yes there is) and more And most events will be Free of Charge



www.bishopscastleartsfestival.com

Council Allotment plots available

Would you like to grow your own vegetables, fruit, and flowers? It's hard work but there are many benefits to being outside with nature, working on the land, and sharing experiences with a community of gardeners!

A full sized plot is available now. Half and quarter plots also come up from time to time. The annual rent is £51 for a full sized plot, £30.50p for a half sized plot, and £15.50p for a quarter plot. And from 2018 there are some new 'micro' plots, designed for those who want to garden but feel unable to take on a larger plot. Speak to the Council for more details! Plot holders sign a Tenancy Agreement, and agree to garden organically. There is an active Allotment Society formed by the plot holders with a committee drawn from members and for a modest membership fee you are entitled to a share of the manure and other products the Society buys in.

To contact the Town Council, email assitantclerk@bishopscastle.co.uk, ring 01588 638141, write to Bishop's Castle Town Council, Town Hall, High Street, Bishop's Castle, SY9 5BG,

or call into the council office in the Town Hall, Bishop's Castle, during our office open hours 9.30am to 12.30pm, Monday to Thursday.

